

Precautions and contraindication for microdermabrasion & chemical peel treatments

- No botox within the last 24 hours
- No waxing within the last week
- No Retin-A or Differin within the last week
- No Accutane within the last year
- No Alpha hydroxy acids 5 to 7 days
- No Laser resurfacing or surgical procedures within the last six months
- No sunburn, windburn, or broken skin
- No pregnancy for chemical peel clients
- No sensitivities or allergies to vitamin A or Salicylic acid

Herpes virus (cold sores) (suggest antiviral 2-3 days before and after)

Auto immune disorders

chemotherapy treatments

history of keloid scarring

plan to have excessive sun exposure post peel

Additional contraindications to microdermabrasion:

- Active, uncontrolled or brittle diabetes
- Viral lesions
- Herpes Simplex
- Shingles
- Eczema or Seborrheic dermatitis
- Rosacea
- Oral blood thinners
- Vitiligo
- Skin cancer and auto immune disorders such as AIDS or HIV
- Visible, broken blood vessels
- Telangiectasis