



**RED STAG**  
**TAVERN**

**BREWERY MARKET**

**Welcome Back!**



# SNACKS

## CHICKEN WINGS.....\$10.99

Jumbo wings, tossed with your choice of sweet & spicy Thai, hot, mild or Chipotle BBQ sauces.

## COCONUT SHRIMP.....\$8.99

Succulent tiger shrimp coated in a light coconut breading. Served with our sweet & spicy Thai sauce.

## ASIAN CHICKEN STRIPS.....\$8.99

House marinated, panko breaded chicken strips, with our grilled pineapple hoisin sauce.

## SWEET POTATO FRIES.....\$5.99

A heaping plate of our seasoned sweet potato fries, served with a light curry mayonnaise.

## ONION RINGS.....\$7.99

Premium onion rings served golden brown with our pesto mayonnaise.

# SOUPS & SALADS

## LOBSTER CHOWDER.....\$10.99

A rich and creamy chowder with a generous portion of fresh Atlantic lobster, shrimp, scallops, baby clams, potatoes, onions and bacon. As delectable as it sounds.

## SEAFOOD CHOWDER.....\$7.99

A Maritime favourite. A fresh variety of seafood, potatoes and onions simmered with cream and bacon.

## ROASTED CORN & POTATO CHOWDER \$6.99

Sweet roasted corn and potatoes in a rich creamy broth, with a hint of smoked chipotle pepper. Garnished with bourbon butter.

## HOT FROM THE POT.....\$4.99



Sunshine Salad

Ask your server for the chef's daily offering.

## SUNSHINE SALAD.....\$12.99

A salad that eats like a meal. A four lettuce medley with mango, cucumber, tomato, sunflower seeds and grilled chicken. Dressed in our sesame ginger vinaigrette and topped with crumbled goat cheese.

## STRAWBERRY SPINACH SALAD \$8.99

Not your typical spinach salad. Baby spinach, fresh strawberries, bell peppers, red onions, toasted almonds and mozzarella cheese. Tossed with our strawberry balsamic vinaigrette.

## RED STAG CAESAR.....\$8.99

Fresh romaine lettuce, bacon, garlic croutons, & fresh parmesan. All tossed in our house made Caesar dressing.

Add any of the following to your salad for \$3.99:  
Scallops • Chicken • Shrimp

 = VEGETARIAN OPTION



= STAFF FAVOURITES



= GLUTEN FREE

# APPETIZERS



Potato Croquettes

## POTATO CROQUETTES.....\$7.99

A truly sinful creation. Whipped potatoes with bacon and cheddar, fried with Japanese bread crumbs. Served with a chive sour cream.

## RED STAG NACHOS.....\$11.99

A Stag favourite since our inception. Fresh cooked chips topped with a mix of bell and banana peppers, tomatoes, caramelized onions and blended cheeses. Finished with basil oil. Served with our house made salsa and sour cream. Add Guacamole \$1.99 Cajun Chicken \$2.99 Ground Beef \$2.99

## CAJUN CHICKEN QUESADILLA....\$10.99

Whole wheat flour tortillas stuffed with Cajun chicken, mixed diced vegetables, banana peppers and cheese. Served with our house made salsa and sour cream.

## CALAMARI.....\$8.99

Lightly dusted in seasoned flour, flash fried and served on a bed of our spicy chili marinara.

## ROASTED TOMATO & LOBSTER DIP.....\$10.99

A flavourful blend of cream cheese, roasted tomatoes, garlic and a generous portion of fresh Atlantic lobster. Served with an assortment of toasties.

## HUMMUS.....\$8.99

Our own house recipe flavoured with roasted garlic, sesame, coriander & lemon. Served with an assortment of toasties.

## BRUSCHETTA.....\$7.99

Oven baked baguette topped with a marinated tomato mix and crumbled feta and baked to perfection. Lightly dressed with a balsamic reduction.

## HADDOCK TIPS & TAILS.....\$7.99

A generous portion of breaded bite sized haddock. Served with our chipotle tartar sauce.

## MARITIME MUSSELS.....\$8.99

Fresh Atlantic mussels steamed with red onion, thyme, garlic and a shot of Alexander Keith's India Pale Ale.

## RED STAG PLATTER.....\$27.99

A sampling of wedges, onion rings, coconut shrimp, chicken strips and haddock tips. Served with a selection of dipping sauces.



# SANDWICH SHOP

## BBQ STEAK SANDWICH.....\$11.99

Charbroiled 6oz. sirloin grilled to your liking with our signature Keith's Red BBQ demi glaze and crisp fried onions. Served on toasted French bread.

## ITALIAN CHICKEN SANDWICH.....\$11.99

Toasted multi grain panini bun spread with an Italian herb cream cheese, fresh grilled chicken, tomato, spinach and smoked mozzarella.

## GRILLED VEGETABLE WRAP..... \$10.99

Grilled seasonal vegetables tossed with arugula and goat cheese. Served in a fresh tortilla spread with our house made hummus.

## MARKET REUBEN .....\$11.99

Shaved smoked meat, house made sauerkraut and Swiss cheese. Served on marble rye bread.

## PULLED PORK SANDWICH .....\$9.99

Lean chunks of pork loin simmered in our secret recipe marinade until moist and tender. Served on a toasted Kaiser topped with our citrus fennel coleslaw.

## RED STAG CLUBHOUSE .....\$11.99

Fresh chicken, bacon, tomato, smoked cheddar and spring greens. Served on toasted ciabatta with chipotle mayo.

## VEGGIE BURGER .....\$9.99

A veggie burger like no other. Made with our own unique blend of herbs & spices, chick peas, lentils, black beans and rolled oats. Topped with garlic basil sauce & goat cheese.

All sandwiches and burgers served with Potato Wedges.  
Substitute soup, salad or sweet potato fries for \$2.99.

# OLDE FAVOURITES

## PAN FRIED HADDOCK..... \$14.99

A generous portion of fresh Atlantic haddock pan fried to perfection. Finished with our house made lobster butter. Served with wild rice and fresh vegetables.

## MRS KEITH'S MAC & CHEESE.....\$10.99

A twist on Mom's favourite comfort food. Fresh rigatoni blended with a trio of cheeses & herbs. Topped with old cheddar and panko crumbs. Served with fennel coleslaw.

## GRANDMA'S CHICKEN CROCK..... \$10.99

A rich and flavourful chicken stew topped with our house made pastry. Served with fennel coleslaw.

## STAG HEAD SHEPHERD'S PIE.....\$11.99

An intriguing flare on a traditional dish. Made with braised sirloin beef tips, veggies, and topped with whipped potatoes. Served with fennel coleslaw.

## HOME STYLE PIZZA ..... \$21.99

Try one of our delicious 16" home style pizzas fresh from the oven! Choose from Pepperoni, Bacon Cheeseburger, Cajun Chicken or Grilled Vegetarian. (Pizza is available only after 5pm).



Pale Ale Battered Fish & Chips

## PALE ALE BATTERED FISH & CHIPS

Voted best Fish & Chips in Nova Scotia! Fresh haddock dipped in our Alexander Keith's beer batter. Served with coleslaw and chipotle tartar sauce.  
2 Piece \$11.99 3 Piece \$14.99

# STAG BURGERS



The Southernder

Our premium 1/2 pound chuck sirloin blend grilled to perfection

## THE A.K.....\$9.99

Our famous hand made ground chuck patty served with lettuce and tomato on a toasted kaiser roll.

## THE TRIO.....\$12.99

A delicious blend of Jack, Swiss and smoked cheddar cheeses. Served with lettuce and tomato on a toasted kaiser roll.

## THE ADMIRAL.....\$11.99

Bacon and smoked cheddar. Served with lettuce and tomato on a toasted kaiser roll.

## THE MONTEREY.....\$12.99

Guaamole, marinated tomatoes, banana peppers and Monterey Jack. A heavenly blend of flavours.

## MUSHROOM MEDLEY.....\$13.99

Our AK Burger covered with wild mushroom dust. Topped with portobello and button mushrooms, finished with Swiss cheese and a roasted garlic basil sauce.

## THE CHIPOTLE.....\$12.99

Smoky BBQ sauce lovers need only apply. Our AK Burger smothered in chipotle BBQ sauce, jalapeño havarti, & finished with frizzled onions.

## THE SOUTHERNDER.....\$12.99

A touch of class. Topped with goat cheese, arugula, oven roasted tomatoes and a garlic basil sauce. One word, fantastic!

# STAG SPECIALTIES

## THE BIG RIB .....\$24.99

Meatlovers only. A 14oz. AAA Frenched rib steak grilled to your liking and topped with bourbon butter. Served with our potato croquettes & fresh vegetables.

## PAN SEARED DIGBY SCALLOPS. \$16.99

Sautéed with button mushrooms, white wine, thyme and cream. Served with wild rice and fresh vegetables.

## WILD MUSHROOM CHICKEN ..... \$14.99

A fresh chicken breast topped with a savory wild mushroom demi glaze. Served with wild rice and fresh vegetables.

## LOBSTER SEAFOOD LINGUINE... \$18.99

A heaping portion of fresh Atlantic lobster, scallops, shrimp, mussels with sweet bell peppers and parmesan. Tossed in a rich cream sauce.

## BOMBAY CHICKEN PASTA ..... \$14.99

Rigatoni with chicken and fresh bell peppers tossed in a tasty Madras curry and Dijon cream sauce.

## SOY GINGER STIR FRY ..... \$12.99

Freshly sautéed seasonal vegetable medley with our sweet sesame ginger glaze. Served on a bed of wild rice. Add grilled shrimp, scallops or chicken \$3.99.

## GRILLED MAPLE SALMON..... \$18.99

Fresh Atlantic salmon filet prepared in our own special maple glaze. Served with wild rice and fresh vegetables.

## LOBSTER CHICKEN SUPREME..... \$19.99

A fresh chicken breast stuffed with lobster, roasted red peppers and cream cheese. Served with a garlic cream sauce, wild rice and fresh vegetables.



# THE RED STAG TAVERN

Located in the heart of the historic Alexander Keith's 1820 brewery, The Red Stag has established itself as a true neighbourhood pub in the downtown core. The delectable menu, personable service and friendly Maritime atmosphere offers an experience that appeals to both Haligonians and visitors alike. Don't forget to check out the best kept secret in town, our fabulous roof top patio.

The Red Stag also caters groups both large and small; inquire about our private function room.

**"WELCOME BACK TO NOVA SCOTIAN TRADITION"**



**RED STAG  
TAVERN**

1496 Lower Water St.

422-0275

[www.redstag.ca](http://www.redstag.ca)

The Red Stag serves brunch on weekends 11:30am – 4:00pm

## DESSERT MENU

### **New York Style Cheesecake**

Creamy New York Style cheesecake topped with our housemade maple blueberry or Stag's Head Stout chocolate sauce.  
\$5.75

### **Red Stag Brownie**

Warm decadent chocolate brownie served with whipped cream and old fashioned vanilla ice cream. Finished with our own Stag's Head Stout chocolate sauce.  
\$6.75

### **Dessert of The Day**

Ask your server for today's homemade creation.

## MAKE YOUR NEXT EVENT A MEMORABLE ONE...

### **CATERING BY "THE RED STAG"**

We cater functions from 10-10,000 guests!

~ Social Gatherings

~ Weddings

~ Anniversaries

~ Meetings

~ Retirements

~ Seasonal Parties

We provide attention to detail, friendly Maritime service and delicious food.

**"MARITIME HOSPITALITY AT ITS FINEST"**

[info@redstag.ca](mailto:info@redstag.ca) or 422-0275

