

summer 2011

CAMPS@BHC

Beverly Hills Club

31555 Southfield Rd
(just North of 13 Mile Rd.)
Beverly Hills, MI 48025
(248)642-8500
www.campbhc.com

June 13 - September 3

Non-Members
Welcome

DAY CAMPS

ADVENTURE, EXTREME & JR

NEW CAMP EVERY WEEK JUNE 13-SEPTEMBER 2

1/2 DAY & FULL DAY OPTIONS

CAMP DAYS: MONDAY - FRIDAY

CAMP TIMES: JR CAMP 9a-1pm

CAMPS FOR KIDS 3 YEARS AND OLDER

CHOOSE: 1-5 DAYS PER WEEK

EXTREME & ADVENTURE CAMP

1/2 DAY 9a-12p OR 1-4p

FULL DAY*

9a - 4p

*FREE PRE/POST CAMP CARE 7:30-9a & 4-6p

ADVENTURE CAMP

FOR KIDS 5 YEARS AND OLDER

ADVENTURE CAMPERS HAVE A WEEK OF INDOOR/ OUTDOOR SUPERVISED, SAFE FUN. ACTIVITIES INCLUDE SWIMMING, SPORTS, GAMES, SPECIAL THEMES, CRAFTS, NATURE WALKS AND MORE.

WEEK OF:

JUNE

13TH WATER FUN, FAVORITE COLOR DAY
20TH INFLATABLES, FAVORITE HAT DAY, ICE CREAM PARTY
27TH POPCORN PARTY, PJ DAY, TIE DYE DAY

JULY

5TH FAVORITE JERSEY DAY, EDIBLE ART
11TH ZEEMO- ONE MAN CIRCUS, TWINS DAY, SHOW & TELL
18TH COUNSELORS VS CAMPERS, MOBILE STAR LAB, SUNGLASSES DAY

25TH TRIVIA CHALLENGE, CRAZY HAIR DAY, FIELD DAY

AUGUST

1ST WATER FUN, PJ DAY, DAN THE CREATURE MAN
8TH SCAVENGER HUNT, BACKWARDS DAY, LUAU
15TH INFLATABLES, FAVORITE COLOR DAY, TALENT SHOW
22ND KARAOKE PARTY, BOYS VS GIRLS, SPECIAL GUEST
29TH FIELD DAY, FAVORITE HAT DAY, CARNIVAL DAY

COST /WEEK:

ADVENTURE & EXTREME DAY CAMPS:

	1/2 DAY	1 DAY	FULL WK
MEMBER		\$41	\$135
OTHER		\$52	\$165

EXTREME CAMP

FOR KIDS 9 YEARS AND OLDER

A WEEK OF EXTREME FUN THAT IS SUPERVISED AND SAFE. EACH WEEK OFFERS A VARIETY OF ACTIVITIES AND OPTIONAL* FIELD TRIPS. ACTIVITIES INCLUDE SWIMMING, SPORTS, GAMES, INDOOR & OUTDOOR FUN PLUS MORE.

FIELD TRIPS* WEEK OF:

JUNE

13TH HOWELL NATURE CENTER, PARADE CO.
20TH LUCKY STRIKE BOWLING, WATER PARK, CJ BARRYMORE'S
27TH TROUT FARM, LASER TAG, TIGERS GAME

JULY

5TH GREENFIELD VILLAGE, CANOEING, ZAP ZONE
11TH DETROIT SCIENCE CENTER, LUCKY STRIKE BOWLING, SECRET ADVENTURE

18TH MOVIES, CJ BARRYMORE'S, DIA
25TH PUTTING EDGE, WATER PARK, SECRET ADVENTURE

AUGUST

1ST SECRET ADVENTURE, LASER TAG, TIGER GAME
8TH A2 HANDS ON MUSEUM, ROLLER SKATE, WATER PARK
15TH LUCKY STRIKE BOWLING, SECRET ADVENTURE, CJ BARRYMORE'S

22ND PUTTING EDGE, HORSEBACK RIDING, MOVIES
29TH HOWELL NATURE CENTER, WATER PARK, ZAP ZONE

*FIELD TRIPS ARE OPTIONAL, AN ADDITIONAL FEE, ARE LIMITED BY SPACE AND ARE ONLY AVAILABLE TO REGISTERED CAMPERS.

	FULL DAY	1 DAY	2 DAYS	3 DAYS	4 DAYS	5 DAYS
MEMBER		\$52	\$95	\$135	\$150	\$165
OTHER		\$65	\$119	\$165	\$182	\$199

*FIELD TRIP COSTS: \$20 DAILY OR \$55 FOR ALL THREE IN ONE WEEK.

SPECIALTY CAMPS

ART CAMPS*

CHILDREN 5-8 YRS OF AGE.
SESSIONS: (1) JUNE 27 (2) AUGUST 1

THIS CAMP INTRODUCES YOUR BUDDING ARTIST TO A DIFFERENT MEDIUM OF ART EACH DAY. ART CAMP INCLUDES CRAFTS AS WELL. EACH SESSION IS DIFFERENT SO ATTEND BOTH.

GIRLS ONLY CAMPS*

CHILDREN 4-6 YRS OF AGE.
SESSIONS: (1) JULY 11 (2) AUGUST 15

HAVE A FUN FILLED WEEK OF GIRLS THINGS! GIRLS DANCE, DO BATON, MAKES CRAFTS, DO YOGA AND PRACTICE THEIR MERMAID SKILLS WITH A SWIM LESSON. A NOT TO MISS WEEK FOR GIRLS AND THEIR FRIENDS!

BOYS ONLY CAMPS*

CHILDREN 4-6 YRS OF AGE.
SESSIONS: (1) JULY 25 (2) AUGUST 22

A FAVORITE, BOYS ARE INTRODUCED TO TENNIS, HOCKEY, SOCCER, BASEBALL, BASKETBALL AND MORE. A GREAT CAMP FOR BOYS AND THEIR FRIENDS!

DANCE & BATON CAMP*

CHILDREN 5-10 YRS OF AGE.
SESSION: (1) AUGUST 8

TAUGHT BY TRUE PROFESSIONALS IN THESE AREAS MISS DEREK AND MISS JEN INTRODUCE GIRLS TO A VARIETY OF DANCE AND BATON TWIRLING.

*INFO & COST /SESSION FOR

GIRLS & BOYS ONLY, DANCE & BATON AND ART CAMPS
MEETS: MON-THURS 1:30-4P

COST: MEMBER \$80
OTHER \$99

SAFETY CAMPS

CHILDREN 4-6 YRS OF AGE.
SESSIONS: (1) JUNE 20 (2) JULY 18
MONDAY-FRIDAY 1:30-4PM

ONE OF OUR MOST POPULAR CAMPS. PROGRAMS TAUGHT BY PROFESSIONAL STAFF. THE HANDS ON INTERACTIVE EXPERIENCES OF THE POOL AND SAFETY CITY* MAKE THIS A PROGRAM LIKE NO OTHER. CHILDREN LEARN AND PARTICIPATE IN ACTIVITIES TEACHING: STRANGER DANGER AS WELL AS HOME, ANIMAL & PET, WATER, BIKE & TRAFFIC AS WELL AS FIRE SAFETY.

*KIDS ATTEND 2 DAYS OFF SITE AT SAFETY CITY.

COST/SESSION: MEMBER \$109
OTHER \$119

JR CAMP

FOR KIDS 3-6 YRS.

NEW CAMP EVERY WEEK

JUNE 13- SEPTEMBER 2

CAMP RUNS MONDAY-FRIDAY 9A-1P

THIS CAMP OFFERS LITTLE CAMPERS BIG TIME FUN. A GUARANTEED HIT FOR YOUR LITTLE ONE!

ACTIVITIES INCLUDE:

DAILY TENNIS & SWIM LESSON
WEEKLY SPECIALS ACTIVITIES
INDOOR & OUTDOOR FUN
CRAFTS AND MORE

COST /WEEK:

	MEMBER	OTHERS
1 DAY	\$41	\$52
2 DAYS	\$70	\$85
3 DAYS	\$99	\$119
4 DAYS	\$117	\$142
5 DAYS	\$135	\$165

IMPORTANT CAMP INFORMATION:

Register: Register at the Front Desk. Online- www.campbhc.com

Reserve your space in all BHC camps right now with a \$25/wk/child non-refundable deposit. Deposits will be accepted through May 31, 2011 and full payment is due prior to camp participation.

Discounts: Member Rate: for children who are a part of a Family or Parent/Child Membership @ BHC. Membership must be active during the week of camp to receive the member discount.

Sibling Discount: for Jr, Extreme and Adventure Campers attending a **full week** of camp. Families with more than one child, in the same immediate family, attending camps the same week. Save \$10/ each additional child.

Refunds: No refunds will be given once camp/program/class has started.

Jr., Extreme, Adventure Day Camp Information:

- Children need to wear play clothes for in/outdoor activities, **bring a swim suit, athletic shoes**, socks, **sunscreen** and goggles daily. Tennis rackets and towels are provided. Please label all belongings.
- Children are **not** permitted to bring electronic games or devices to camp; BHC is not responsible for stolen, broken or lost items.
- Cell phones are not allowed at camp.
- Children will not be allowed to eat until scheduled snack and lunch times, unless for medical reasons.
- Lunch may be purchased at camp* or brought from home. Campers will not be permitted to purchase lunch or snack items from the café.
- Snacks are provided for full day campers. Campers may also purchase items from the vending machine. Please limit snack money to no more than \$2/day.
- Children must be potty trained to attend camps.
- All state required forms must be completed prior to camp start. This information includes emergency contact, health statement, medicine forms, pick-up information and swim consent.**

*Lunch Menu: **Monday & Wednesday** Pizza, with fruit & beverage
Tuesday & Thursday Turkey & Cheese or Soybutter & Jelly Sandwich
w/chips, fruit & beverage
Friday McDonalds Chicken Nugget, Fries & Milk

Reserve your space in any camp with a \$25/week/child deposit*.

*This non-refundable deposit will secure your child's place in camp.

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June 13 - September 3

**Non-Members
Welcome**

TENNIS CAMPS

Camps run weekly every Mon. -Thurs. Jun 13- Sept 1

Outdoor Camps meet at DCDS (corner of 13 Mile Rd. & Lahser), Jun 13-Aug 18. Indoor Camps meet at BHC. All Tennis Camps Aug 22-Sept 1 meet indoors at BHC or online @ www.campbhc.com.

STANLEY PALS 1 & 2 (3-6 yrs)

Grouped by age and ability. Children are introduced to the game of tennis with special kid-sized rackets and balls that are used to make the game fun.

10-11a	Outdoors-	Cost: Member \$71	Other \$91
1-2p	Indoors-	Cost: Member \$71	Other \$91

STARTER TENNIS (6 & older)

For children with little or no tennis experience. Learn basic strokes along with the rules of the game.

9a-12p	Outdoors-	Cost: Member \$143	Other \$163
9-10a	Outdoors-	Cost: Member \$71	Other \$91
1-3:30p	Outdoors-	Cost: Member \$123	Other \$133
3-4pm	Indoors-	Cost: Member \$71	Other \$91

JR. DEVELOPMENT (7 & older)

Advanced beginner players are grouped by age and ability and work on control and consistency through the use of instruction, drills and actual play.

9a-12p	Outdoors-	Cost: Member \$143	Other \$163
1-3:30p	Outdoors-	Cost: Member \$123	Other \$133

JR. EXCELLENCE (10 & older)

Preparing you for high school or beginning tournament play. Players continue to work on stroke technique with development on spin and power to improve placement and consistency. This class is a combination of instruction, drill and match play.

9a-12p	Outdoors-	Cost: Member \$143	Other \$163
1-3:30p	Outdoors-	Cost: Member \$123	Other \$133



Preparing and taking your child to the next level!

Speed & Strength Training for Sports

Technical Coaching by Former NFL Player Jim Browne NSCA-CPT Jim Browne's Athletes Edge U.S.A. brings local athletes of all ages and levels the most advanced and comprehensive personalized athletic and speed training program available today.

GET THE EDGE SPEED SCHOOL. (7-12 yrs)

An introductory program for boys & girls of all skill levels focusing on technique, body mechanics and awareness to increase performance, conditioning and self confidence. Science has proven that ages 7-12 are the best years for motor skill development. This program is high energy, designed to build speed, coordination, self esteem and to develop a love of sports and training.

SESSION DATES

Summer 1: Jun 13 - Jul 24 Summer 2: Jul 25 - Sept 3

Meets: Tues. 5:30p, Thur. 11:30a or Sat. 9:30a	
Cost/Session: Member	Other
1 day/wk	1 day/wk
\$108	\$150
2 days/wk	2 days/wk
\$197	\$270

COMPETITIVE EDGE (12-18 yrs)

Athletes are now entering the strength and power ages -the best for developing blazing speed. Emphasis is on technique, (to decrease risk of injury, and provide maximum efficiency), ideal program progression (to facilitate regeneration) and mental awareness, (enhance ability to focus and develop relentless approach to training). Athletes are taught proper movement mechanics for linear speed and change of direction agility. This program uses the latest science for developing functional power and our signature speed and agility work!

Meets: Tues. 12:30p, Thur. 12:30p or Sat. 10:30a (1 hr = 1 session)					
Cost/# Sessions/ Package:	12	24	36	48	60
Member	\$459	\$799	\$999	\$1249	\$1449
Other	\$505	\$879	\$1099	\$1379	\$1599

SWIM CAMPS

SESSION DATES:

Summer 1: June 13 - July 24 (off July 4)

Summer 2: July 25 - September 3

GROUP SWIM

PARENT TOT classes are 30 minutes, with parent.

PARENT-TOT 1 (STARFISH) babies: 6 -18 mos.

A basic class teaching parents water safety. Tots learn basic water adjustment, to hold their breath and go underwater.

Meets: Tue. 11:30a or 5:45p Fri. 11:15a Sat. 10:15a

PARENT-TOT 2 (SHRIMP) tots: 18mos-3 yrs.

This class gets tots ready for level 1 classes by focusing on independent swimming.

Meets: Tue. 6:15p Thur. 9:45a Sat. 10:45a

LEVEL 1-5 kids 3 yrs. and older, classes are 4-1 ratio and 45 minutes

LEVEL 1 (CLOWN FISH) INTRODUCTION

No pre-swimming skills required.

Meets: Mon. 9a or 4:15p Tue. 10:30a or 5p
Wed. 10:30a or 4:15p Thur. 9a or 5:45p
Fri. 9a Sat. 10:15a or 11:45a

LEVEL 2 (ANGEL FISH) FUNDAMENTALS

Complete level 1- skills needed to attend this level:

- Swim unassisted on a noodle or barbell.
- Put face in the water.

Meets: Mon. 9:45a or 4:15p Tue. 9a or 5p
Wed. 9:45a or 4:15p Thur. 10:15a or 5p
Fri. 9:45a Sat. 10:15a or 11:45a

LEVEL 3 (SEA TURTLE) STROKE DEVELOPMENT

Complete level 2- skills needed to attend this level:

- Back & Front Float for 5 seconds.
- Push off and swim 15 feet on front & back.

Meets: Mon. 10:30a or 5:45p Tue. 9:45a or 4:15p
Wed. 9a, 5p or 5:45p Thur. 11a or 5p
Fri. 10:30a Sat. 11a or 12p

LEVEL 4 (DOLPHIN) STROKE IMPROVEMENT

Complete level 3- skills needed to attend this level:

- Jump in and Tread water for 30 sec.
- Swim 15 yds. face in w/ rhythmic breathing.
- Swim Back Crawl 15 yds.

Meets: Mon. 5p Tue. 4:15p Wed. 11:15a or 5p
Thur. 4:15p Sat. 11a

LEVEL 5 (SHARK) STROKE REFINEMENT

Complete level 4- skills needed to attend this level:

- Swim 25 yds. Freestyle w/ rhythmic breathing.
- Swim 25 yds. of Breaststroke and Backstroke.
- Swim Back Stroke 15 yds.
- Swim 10 yds. Butterfly.

Meets: Mon. 5p Thur. 4:15p Sat. 11:15a

COST/SESSION: GROUP SWIM

	Parent-Tot		Level 1-5	
	Member	Other	Member	Other
Session 1 Mon.	\$54	\$73	\$67	\$88
Tues. - Sat.	\$67	\$88	\$80	\$105
Session 2	\$67	\$88	\$80	\$105

SWIM PLUS

Add a private swim lesson to Day Camp. Children who are enrolled in Day Camp can add a Private Swim Lesson to their week at camp.

Level: Any Level

Cost: Save \$5 off the lesson

We will get your child to an from their lesson.

To schedule your lesson call Tony at ext. 212 or email him at tony@beverlyhillsclub.net

CREATE-A-CLASS

Don't see a class time to fit your schedule?

Have a group of 3 or more that want to take lessons together?

Create your own class

SWIM TEAM CLINIC

BOTH PRE & TEAM CLINICS

Emphasis is on technique, endurance, speed with all 4 of the competitive strokes and practice on starts and turns. Skills needed for this clinic: ability to swim 50 yds. of Freestyle, back & breaststroke plus 25 yds. of fly.

Meets: Mon. & Wed. 6-6:45pm

Cost/Session:

Session 1: Member	\$117	Other	\$139
Session 2: Member	\$124	Other	\$148

Session Dates

Summer 1	June 13 - July 21
Summer 2	July 25 - August 31

PRIVATE & SEMI-PRIVATE LESSONS

Private	Member	Other
30 min	\$30	\$41
45 min	\$37.50	\$48.50
1 hour	\$44	\$55

Semi-private:

add \$10 for each additional person.

GET STARTED

To create your own class for private/semi-private lessons or to get a FREE lesson placement contact Tony. Call (248)642-8500 ext 212

Or email Tony at tony@beverlyhillsclub.net

MARTIAL ARTS

CHOI KWANG DO

FOR ADULTS & KIDS

Sabumnim Yevgeniy Malkin
3rd degree black belt

Optimum Health-Self Defense-Personal Development! Join the world's fastest growing Martial Art! Our principles are humility, honesty, gentleness, perseverance, self-control and unbreakable spirit.

Session Date: June 13-August 26
(11 wks for price of 10)

JR. CHOI for children 6-12 yrs.

Beginner: (6-12 yrs)

Meets: Mon & Wed 4:30-5:25p Cost: Member \$239 Other: \$309

Intermediate & Advanced* (6-12 yrs)

Meets: Mon & Wed 5:30-6:25p Cost: Member \$239 Other: \$309

*rank requirement, must be approved prior to registration.

ADULT CHOI all levels 13+yrs.

Meets: Mon & Wed 6:30-7:30p Cost: Member \$239 Other: \$309

LITTLE DRAGONS 3-5 yrs.

Meets: Wed 3-3:45p Cost: Member \$132 Other: \$179

Fri 11-11:45a Cost: Member \$132 Other: \$179

Fri 2-2:45p Cost: Member \$132 Other: \$179

Fri 3-3:45p Cost: Member \$132 Other: \$179