



## BREAKFAST ALL DAY

Served with your choice of oven roasted "moon dusted" potatoes or creamy dreamy grits.  
(We will be happy to substitute egg whites for an additional .79)



**THE FLYING BISCUIT BREAKFAST** – Two large farm fresh eggs served with our signature chicken breakfast sausage link. \* **8.99**

**THE HIGH FLYER** – Two large farm fresh eggs served with our signature chicken breakfast sausage plus a buttermilk pancake served with warm maple syrup and butter. \* **9.99**

**BACON & EGGS BREAKFAST** – Two large farm fresh eggs with a side of applewood smoked bacon. \* **7.99**

**THE CANDLER PARK BREAKFAST** – Two farm fresh eggs served with a fluffy flying biscuit and choice of creamy dreamy grits or "moon dusted" potatoes. \* **6.99**

**PIEDMONT OMELETTE** – Three large farm fresh eggs with chicken sausage, applewood smoked bacon, sautéed onions, and cheddar cheese. \* **8.99**

**EGG-CEPTIONAL EGGS** – Two over medium eggs on black bean cakes topped with oven roasted tomatillo salsa, feta cheese, and sour cream. \* **8.99**

**CLIFTON OMELETTE** – Three large farm fresh eggs with goat cheese, mushrooms, and fresh basil. \* **8.99**

**HOLLYWOOD OMELETTE** – Egg whites, spinach, mushrooms, and white cheddar cheese. \* **9.99**

**FRENCH TOAST** – Thick sliced whole wheat bread grilled and topped with raspberry sauce and honey crème anglaise. \* **6.99**  
Add applewood smoked bacon or chicken sausage **2.99**



**ORGANIC OATMEAL PANCAKES**  
Three cakes, topped with peach compote. **6.99**



**TOFU SCRAMBLE** – Red and green peppers, onions, mushrooms and spinach sautéed with tamari-marinated tofu. **8.99**

**VEGGIE SCRAMBLE** – Three large farm fresh eggs scrambled with white cheddar cheese, onions, mushrooms, red and green peppers. \* **7.99**



**EXX-STRAVAGANZA** – Two large farm fresh eggs served with our signature chicken sausage, crisp applewood smoked bacon, plus whole wheat french toast topped with raspberry sauce and honey crème anglaise. \* **10.99**

**SOUTHERN SCRAMBLE** – Three large farm fresh eggs scrambled with applewood smoked bacon, spicy collard greens, onions, and cheddar cheese. \* **8.99**

**COUNTRY EGGS BENEDICT** – Two eggs over medium on a split biscuit, 2 spicy chicken sausage patties, and topped with sausage gravy. \* **8.99**

**FLYING EGGS BENEDICT** – Two farm fresh eggs over medium on a whole wheat toasted split English muffin, Canadian bacon, and covered with hollandaise. \* **8.99**

**WOODSTOCK PARFAIT** – A huge bowl of vanilla yogurt topped with homemade granola and seasonal berries. **6.99**

**SMOKED SALMON SCRAMBLE** – Wood smoked salmon and dill cream cheese scrambled with three large farm fresh eggs. \* **9.99**

**BUTTERMILK PANCAKES** – 3 jumbo buttermilk pancakes served with warm maple syrup and butter. **5.99**  
Add applewood smoked bacon or chicken sausage **2.99**

**STEAK AND EGGS** – 8 oz sirloin, lightly seasoned and grilled to perfection, with two eggs any style and a side this is what our version of Heaven looks like **12.99\***

## BREAKFAST SIDES

### HALF ORDER OF FRENCH TOAST

One piece topped with raspberry sauce and honey crème anglaise. **3.99**

### SHORT STACK OF BUTTERMILK PANCAKES

Two buttermilk pancakes. **3.99**

### SHORT STACK OF ORGANIC PANCAKES

Two organic pancakes. **3.99**

### BREAKFAST SAUSAGE PATTIES

Two patties of our signature chicken sausage. **2.49**

### BREAKFAST SAUSAGE LINK

A whole link of our signature spicy sausage split and grilled. **2.49**

### TURKEY BACON

– Three strips **2.99**

### APPLEWOOD SMOKED BACON

– Three strips **2.99**

### OVEN ROASTED "MOON DUSTED" ROSEMARY POTATOES

**2.29**

### NORTH CAROLINA COUNTRY

### CURED HAM

**2.79** **TURKEY HAM** **2.99**

**GRITS** – Our award winning creamy, dreamy southern style grits. Cup **1.99** Bowl **3.29**

**BISCUIT** – Served with our signature cranberry apple butter. **.99**

### FRESH CUP OF FRUIT

**2.99**

## BREAKFAST SANDWICHES

All sandwiches served on your choice of a toasted whole wheat English muffin or a fluffy flying biscuit.

### OUR SIGNATURE CHICKEN SAUSAGE AND EGG

**3.99**

### OUR SIGNATURE CHICKEN SAUSAGE, EGG, AND CHEESE

**3.99**

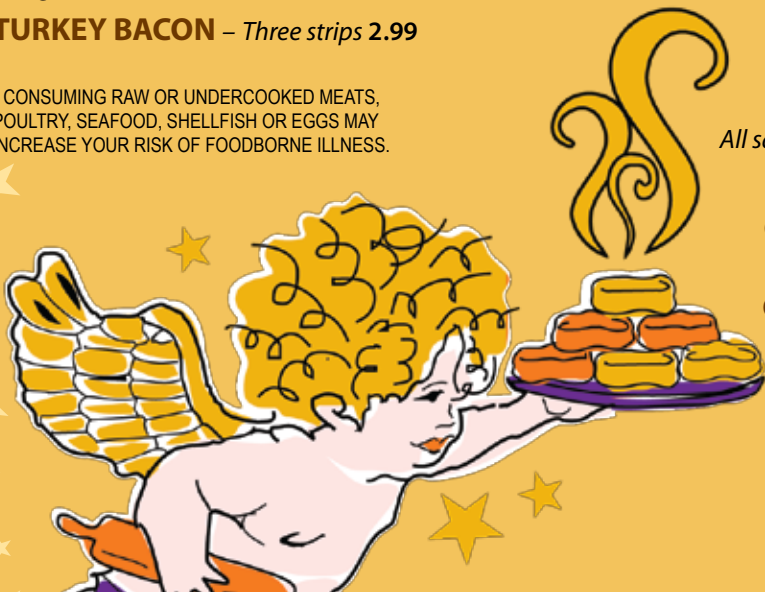
### APPLEWOOD SMOKED BACON, EGG, AND CHEESE

**3.99**

### NORTH CAROLINA COUNTRY CURED HAM AND EGG

**3.99**

\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.





## APPETIZERS



**FRIED GREEN TOMATOES** – Dredged in seasoned cornmeal, pan sautéed to a golden brown, and topped with cashew relish and goat cheese. **6.99**

**CHEESE FRIES** – Hot fries topped with Cheddar cheese, bacon, and sliced jalapenos **6.99**

**HOUSE MADE GUACAMOLE WITH FRESH TORTILLA CHIPS** **6.99**

**ROASTED RED PEPPER HUMMUS** – With grilled pita bread, garnished with feta, onion, and pickled okra. **6.99**

**QUESADILLA** – Southern Style, filled with North Carolina pulled pork, blended with melted white cheddar cheese, topped with jalapeño peppers, and a side of sour cream. **7.99**

**SIDE OF LOVE** – Two black bean cakes topped with tomatillo salsa, sour cream, feta cheese, and red onion. **4.99**

**BLACKENED SHRIMP QUESADILLA** – Blackened shrimp, white cheddar cheese, and Serano Peppers, folded into a grilled flour tortilla \* **7.99**

**SOUP OF THE DAY** – Changes on a whim! Cup **2.99** Bowl **5.99**

## SIGNATURE SALADS

Served with your choice of one of our house dressings:  
Balsamic Vinaigrette, Bleu Cheese, Ranch, Honey Mustard, Raspberry Vinaigrette



**FRIED EGG SALAD** – Two farm fresh eggs over medium, oven roasted potatoes, crispy applewood smoked bacon, on a bed of mixed lettuce, tossed with balsamic vinaigrette, and drizzled with spicy chipotle aioli. \* **7.99**



**GRILLED CHICKEN SALAD** – Sliced grilled chicken breast, oven roasted rosemary potatoes, diced tomatoes and crumbled bleu cheese on a bed of mixed lettuce your choice of house dressings. **8.99**

**BLT SALAD** – Fried green tomatoes, crisp applewood smoked bacon, cashew-jalapeno relish, and goat cheese on a bed of mixed lettuce with balsamic vinaigrette. **8.99**

**TOFU AND TATER SALAD** – Tamari-marinated tofu and oven roasted potatoes, on a bed of mixed lettuce with balsamic vinaigrette, topped with feta cheese and red onion **8.99**

**SUMMER SALAD** – A divine mixture of lettuce, cranrasins, fresh strawberries, feta cheese tomatoes, walnuts and grilled chicken served with low-fat raspberry vinaigrette dressing **9.99**

## SANDWICH SPECIALTIES

Served with a side of Moon Dusted Potatoes or French Fries



**FRIED GREEN TOMATO BLT** – Crisp applewood smoked bacon, fried green tomatoes, and lettuce, topped with cashew relish and goat cheese. **7.99**

**CHEDDAR AND BACON TURKEY BURGER**

Our grilled turkey burger with melted cheddar cheese and crisp applewood smoked bacon served with roasted red pepper mustard, tomato, and lettuce. **8.99**

**BACON AND CHEDDAR CHICKEN SANDWICH**

Crisp applewood smoked bacon and cheddar cheese on a grilled chicken breast with lettuce, tomato, and chipotle mayo. **8.99**



**BLACKBEAN BURGER** – Blackbean patty, topped with guacamole, red onion, lettuce and tomato **8.99**

**CHICKEN CLUB WRAP** – Grilled chicken, lettuce, tomato, cheddar cheese, balsamic vinaigrette, and chipotle aioli in a warm sundried tomato tortilla **8.99**

**3B CHICKEN SANDWICH** – Bleu cheese, applewood smoked bacon, and basil on a grilled chicken breast with lettuce, tomato, and tamari aioli. **8.99**

**MUSHROOM AND SWISS TURKEY BURGER**

Our grilled turkey burger with melted swiss cheese and sautéed mushrooms served with aioli, lettuce, and tomato. **8.99**

**FRIED EGG SANDWICH** – Crisp applewood smoked bacon, two fried eggs, cheddar cheese, lettuce, tomato and tamari mayo. **7.99**

**BLACK ANGUS BURGER** – 8oz of Angus Beef topped with cheese and served with lettuce, tomato, and onion **9.99\***

**FLYING BANG BANG SHRIMP WRAP** – tender crispy shrimp, we give them wings with our homemade sauce, with lettuce, tomato, cheddar cheese and artichoke hearts, in a sundried tomato tortilla **9.99**

## DINNER SPECIALTIES



**OVEN FRIED CHICKEN** – Herb crusted chicken breast topped with sausage gravy, and served with collard greens and grilled macaroni and cheese. **11.99**

**LOVE CAKES** – Three black bean and cornmeal cakes, sautéed and topped with a tomatillo salsa, sour cream, feta cheese, and diced red onion. **7.99**

**BLACKENED CATFISH** – pan seared with our secret blend of spices and served on a bed of creamy dreamy grits with pico salsa **10.99**



**BISCUIT POT PIE** – Chicken breast mixed with carrots, celery, onions, rosemary potatoes, peas, and a touch of cream. A modern twist of an old southern classic. **9.99**



**SIRLOIN STEAK** 8oz Sirloin, lightly seasoned and grilled to a juicy perfection, served with a side salad and fries **12.99\***

**SHRIMP AND GRITS** – Creamy dreamy white cheddar cheese grits topped with blackened shrimp, diced applewood smoked bacon, a touch of chives, and diced sautéed onions. **12.99\***

**CLASSIC CHICKEN FRIED STEAK** – A hearty portion of lightly breaded lean cube steak, fried and topped with white pepper gravy. Served with pomme frites and collard greens. **10.99**

**PASTA JAMBALAYA** – Shrimp, chicken, and our spicy chicken sausage tossed with penne pasta topped with shaved parmesan and an added Cajun flair. **12.99**