LUNCH

The Silver Birch lunch served daily - scrumptious assortment of herb-infused sandwiches, coleslaw or lettuce salad, veggies and dip	\$11.95
Garden Vegetable Pie, served with coleslaw or lettuce salad,	1
veggies & dip and bun	\$11.95
Meat Lasagne, made with four herbs, served with coleslaw or lettuce salad,	
veggie & dip and bun	\$12.95
Dill'icious egg salad sandwich, served on whole wheat, white or 7 grain bread,	
served with coleslaw or lettuce salad, veggies and dip	\$ 9.95
Chicken salad, made with a variety of greens, topped with grilled	
chicken, your choice of dressing and served with a bun and veggies	\$10.95
Gluten-Free Lunch including chicken salad, gluten-free bread, assortment	
of vegetables	\$11.95
BY RESERVATION ONLY	
Supreme High Tea - tea (or coffee), clotted cream, scones,	

jam, dainty sandwiches, appetizers & desserts	\$17.95
Children under 8	\$ 8.95

CHILDREN'S MENU

Children's lunch (under 8), peanut butter sandwich, veggies, juice & ice cream	\$ 6.95
Personal pan pizza, cheese or pepperoni served with an assortment of veggies.	
For all ages	\$ 7.95
Side salad	\$ 4.95

DESSERTS AND MUFFINS

Afternoon High Tea with tea, clotted cream, scones and jam	\$ 4.95
Mini Muffins - Rhubarb Pecan, Apple Lavender, Raspberry Mint,	
or a mixture of the three	\$ 1.50
Cookies - Lemon Verbena, Chocolate Chip Mint, Lavender	\$.35 or 3/\$ 1.00
Fruit Salad with Chocolate Mint Topping - seasonal fruit	
served with a light chocolate mint topping	\$ 3.95
Cheese Cake - Lemon Thyme or Pineapple Sage	\$ 4.95
Buttertarts – pecan, raisin or plain	\$ 1.25
Seasonal Fruit Crisps, ask your server about the	
selection available	\$ 3.95
add Ice-Cream	\$ 1.00
Decadent Quad Chocolate Brownie - you will be in Chocolate paradise	
with this brownie. Served with ice-cream and caramel sauce	\$ 4.95
Pineapple Sage Pound Cake - made with our favourite	
herb, covered in a delectable pineapple sauce	\$ 3.95
Gluten-Free Apple Crisp	\$ 3.95

DRINKS

Fair Trade Organic Coffee (Bottomless)	\$ 1.75
Tea – Choose from our wide variety of teas	\$1.75 a pot or \$3.00 - tea for two
Fruit Juice	\$ 1.25
Lavender Lemonade	\$ 1.50