

WELCOME TO

A large, dark red sunburst graphic with multiple pointed rays, serving as a background for the contact information.

please visit our website at:  
**zenbarct.com**

***Catering on and off site available  
for all your special events!***

317 Farmington Avenue  
Plainville, CT 06062  
Phone (860) 747-8886

e.mail: [thezenbar@ yahoo.com](mailto:thezenbar@yahoo.com)  
"Follow Zen Bar on Facebook"





## APPETIZERS

**Tempura Chicken Bites** \$8  
Tempura battered Chicken bites, fried  
and served with Thai Chili Dipping Sauce

**Dip of Zen** \$8  
Spinach and Artichoke Dip

**Nacho Grande** \$9  
Corn tortilla chips topped with cheddar  
and Monterey jack cheese, chili, olives,  
bacon, jalapenos, guacamole & sour cream

**Add Chicken or Beef for \$1**

**Zen Sampler** \$12  
A Sample of our most popular appetizers,  
Chicken Tempura Bites, Jalapeno Poppers,  
Mozzarella Sticks and Broccoli and  
Cauliflower Bites

**Fried Mac and Cheese** \$6  
Crispy version of our famous Mac & Cheese

**Jalapeno Poppers** \$6  
Jalapeno and Cream cheese stuffed

**Mozzarella Sticks** \$6  
Golden fried cheese sticks w/Marinara sauce

**Fries** \$4

**Waffle Fries** \$5

**Cheese Fries** \$5  
Traditional French fries topped with  
cheddar and Monterey jack cheese

**Substitute Waffle Fries** \$6

**Chili Cheese Fries** \$7  
Our traditional cut fried topped with  
chili, cheddar and Monterey jack cheeses

**Substitute Waffle Fries** \$8

**Sweet Potato Fries** \$5  
Traditional Cut sweet potato fries

**Loaded Potato Skins** \$9  
Potato skins topped with cheddar, bacon,  
sour cream, and scallions

**Broccoli and Cheddar Bites** \$7  
Bite sized Broccoli and cheddar fritters



## APPETIZERS

**Tempura Broccoli & Cauliflower Bites** \$7  
Lightly battered golden fried florets

**Spring Rolls** \$7  
Vegetable stuffed & fried with side of Thai Salad

**Edamame** \$5  
Crispy steamed soybeans lightly dusted with sea salt

**Hummus** \$6  
Traditional, Roasted Garlic, Sundried Tomato or Red Pepper hummus served with pita crisps

**Hummus Sampler** \$8  
A Sample of all three of our hummus flavors served with pita Crisps

**Beer Battered Onion Rings** \$5  
Thick cut, beer battered

**Veggies and Dip** \$8  
Fresh Carrots, Celery, Broccoli, and Red Pepper served w/side of French Onion Dip

**Maryland Crab Cakes** \$6  
Crab cakes served with a remolade sauce

**Warm Crab Dip** \$9  
Warm Crab & cheese dip with pita crisps

**Chicken Tenders** \$7  
Breaded Chicken Strips, Fried & served with your favorite dipping sauce



## PIZZA

**Toppings Available:** tomato, onion, mushroom, jalapeños, pesto, bacon, pepperoni

**The Classic** \$12  
Sauce and Mozzarella

**Buffalo Chicken Pizza** \$16  
Buffalo Chicken, Blue Cheese, & Cheddar Cheese

**The 3 Meats** \$16  
Pepperoni, Sausage and Bacon

**BBQ Chicken Pizza** \$16  
BBQ Chicken, Red Onions, BBQ Sauce and Cheddar cheese

**Veggie Pizza** \$14  
Topped with all the veggies we can find

**The Pita Pizza** \$7  
A House Specialty super thin crust classic pizza with Sauce, Cheese & one topping

**Add chicken, sausage or Beef for \$1.00**

## FLATBREADS

**Southwestern Chicken Flatbread** \$7  
Grilled Chicken roasted Red Peppers, Cheddar & Monterey Jack Cheese, and Caramelized Onion

**Margarita Flatbread** \$7  
Fresh mozzarella, Sliced Tomato, fresh Basil in a Marinara Sauce

**Mushroom and Cheese** \$6  
A smaller version of our Mushroom and cheese topped pizza

**The Classic** \$6  
Sauce and Mozzarella

**Buffalo Chicken** \$7  
Buffalo Chicken, Blue Cheese, & Cheddar Cheese



## **PIZZA**

### **FLATBREADS**

#### **CONTINUED**

<b>The 3 Meats</b>	<b>\$8</b>
Hamburger, Pepperoni, Sausage & Bacon	
<b>BBQ Chicken</b>	<b>\$7</b>
BBQ Chicken, Red Onions, BBQ Sauce and Cheddar cheese	
<b>The Mexican Flatbread</b>	<b>\$7</b>
Seasoned shredded Beef, refried Beans, Cheddar Jack Cheese, and Salsa, topped with Sour Cream	
<b>Veggie</b>	<b>\$7</b>
Topped with all the veggies we can find	

### **SOUPS AND CHILLIS**

<b>Tex Mex Taco Salad</b>	<b>\$8</b>
Shredded beef taco salad served over lettuce in a crispy tortilla bowl with black olives, guacamole, diced tomatoes, scallions, sour cream and shredded cheddar cheese	
<b>Southern Chicken Salad</b>	<b>\$8</b>
Mixed greens topped with Fried Chicken, bacon, tomatoes, carrots cucumber, cheddar and Monterey Jack cheeses and served with ranch dressing	
<b>Buffalo Chicken Salad</b>	<b>\$8</b>
Grilled Chicken tossed in our house buffalo sauce and served atop a bed of spinach, with sliced mushrooms, carrots, tomatoes, onions, cucumbers, and a blue cheese dressing	
<b>Substitute Teriyaki Beef</b>	<b>\$10</b>
<b>Chili with Beans</b>	<b>\$7</b>
with cheese	<b>\$8</b>



## **BURGERS AND DOGS**

*All Burgers & Dogs served with a side of  
Zen Fries or Sweet potato fries and a pickle.*

***Substitute Onion rings or Waffle Fries for \$1.00***

***Add Chili to any burgr for \$2.00***

### **The Classic Zen Burger** \$7

Burger on a hard roll w/lettuce & tomato

### **Classic Zen Cheeseburger** \$8

Burger on a hard roll, topped with your choice of Swiss, Cheddar, American, Provolone or Pepper Jack Cheese and served with lettuce and tomato

### **Bacon Cheese Burger** \$9

Burger on a hard roll topped with bacon and your choice of Swiss, Cheddar, American, Provolone or Pepper Jack Cheese and served with lettuce & tomato.

### **Black and Bleu Burger** \$9

Burger served on a hard roll and topped with crumbled blue cheese, fried onions and our special sauce

### **Mushroom and Swiss** \$9

Burger served on a hard roll, topped with sautéed Mushrooms, Swiss cheese and served with Lettuce and Tomato

### **California Burger** \$9

Burger served on a hard roll with Swiss cheese, Bacon, onions, Avocado, lettuce, tomato and garlic mayo

### **Flaming Burger** \$9

Burger topped with pepper jack cheese, jalapenos, salsa, lettuce, and chipotle mayo

### **Hot Dog** \$5

A grilled hot dog

### **Chili, Cheese Dogs** \$6

A grilled hot dog topped with chili & cheese

### **BBQ Hotdog** \$6

A grilled hotdog served with a tangy BBQ sauce and topped with onions and cheese



## WINGS AND THINGS

**Wings:** (Regular or Boneless)

The Mini (6 Pieces) \$6

Single (10 Pieces) \$9

Double (20 Pieces) \$17

Wing Sauces:

Original Buffalo

Traditional BBQ

Teriyaki

Original Hot

Inferno Hot

Garlic Pesto

Garlic Parmesan

Thai Chili

Zen Madness

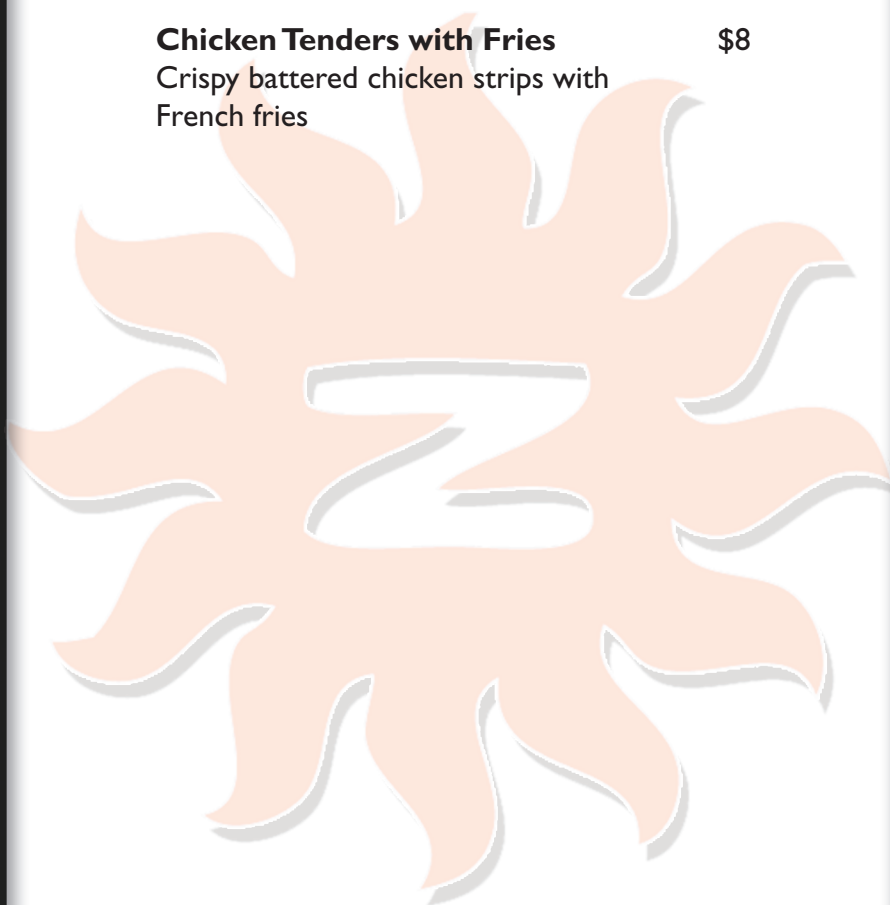
Peanut Butter Wings

**Crab Cakes** \$9

A larger entrée version of our Crab Cake appetizers, served with a spicy Remolade Sauce

**Chicken Tenders with Fries** \$8

Crispy battered chicken strips with French fries







## **QUESADILLAS**

**Cheese Quesadilla** \$6

**Chicken & Cheese** \$9

**Beef & Cheese** \$9

**BBQ Chicken** \$9

Chicken Tossed in our house made BBQ Sauce, bacon, caramelized red onions, Monterey jack and Cheddar Cheese

**BBQ Beef Quesadilla** \$9

Beef Tossed in our house made BBQ Sauce, bacon, caramelized red onions, Monterey jack and Cheddar Cheese

**Zen Quesadilla** \$9

Teriyaki Beef with Asian Veggies

**Buffalo Chicken** \$9

Chicken tossed in buffalo sauce, (hot or mild), Cheddar Jack Cheese, served with bleu cheese dipping sauce

**Veggie Delicious** \$8

Mix Vegetables and Cheese served with a pesto dipping sauce



### **SPECIALTY SANDWICHES**

*All Burgers & Dogs served with a side of  
Zen Fries or Sweet potato fries and a pickle.*

**Substitute Onion rings or Waffle Fries for \$1.00**

#### **Southern Chicken Wrap** \$8

Battered chicken, bacon lettuce, diced tomatoes, cheddar and Monterey Jack Cheese and ranch dressing

#### **Grilled Chicken** \$8

Grilled Chicken Sandwich with your choice of cheese served with lettuce and tomato on a hard roll

#### **California Chicken Sandwich** \$9

Grilled chicken, Bacon, avocado, lettuce and cheese

#### **Chicken Pesto Panini** \$9

Grilled Chicken with Mozzarella cheese and pesto sauce on Sourdough bread

#### **Cheese Steak** \$9

Steak or chicken versions of the traditional Philly sandwich

#### **Caribbean Chicken & Panini** \$9

Jerk Chicken topped with Brie Cheese, spicy mustard and Garlic Mayo

#### **Buffalo Chicken Sandwich** \$9

Buffalo Chicken cooked in our signature sauce with blue cheese

#### **Crab Cake Sandwich** \$7

### **GOURMET GRILLED CHEESE**

#### **Grilled Cheese - American cheese** \$6

#### **Grilled Cheese with Tomato** \$6

#### **Grilled Cheese with Bacon & Tomato** \$7