

USWC TaeKwonDo Class Schedule

Milwaukie Location

Effective F

Level & Age		Belt Color	MON	TUE	WED	THUR	FRI
Tiny Tigers 4-6		All Belt	3:20 - 3:50	5:30 - 6:00	3:20 - 3:50	5:30 - 6:00	
Children 7-12 years old		Intro	5:30 - 5:50		5:30 - 5:50		Only BBC
		White/Yellow/Orange	4:00 - 4:40	6:05 - 6:45	4:00 - 4:40	6:05 - 6:45	White - Purple
		Green/Purple/Blue/Red	4:45 - 5:25	4:00 - 4:40	4:45 - 5:25	4:00 - 4:40	4:00 - 4:55
		Brown/Sr. Brown/Poom/Black	6:05 - 6:45	4:45 - 5:25	6:05 - 6:45	4:45 - 5:25	Blue - Black
	Black Belt & Masters	Weapons and sparring					5:05 - 6:10
Adult Only		All Belt					
		White - Purple		6:50 - 7:35		6:50 - 7:35	Only BBC
		Blue - Black	7:40 - 8:30		7:40 - 8:30		All Belt
	Black Belt & Masters	Weapons and special BBC seminars					6:30 - 7:30
Family Together		All Belt					
		White - Purple	6:50 - 7:35		6:50 - 7:45		
		Blue - Black		7:40 - 8:30		7:40 - 8:30	

USWC Taekwondo - Milwaukie (In the Safeway Shopping Center)

4370 SE King Road. Suite 220 Milwaukie, OR 97222 (503) 652-3456

www.uswctaekwondo.com

- Please drop and pick up kids no more than 10 minutes before and after their class.
- Please have all your required patches on the uniforms.
- Wear proper uniforms. Black Belt Club students wear Blue Uniforms and Master Club students wear Black Uniforms.



Ask at front desk about birthday partie and other special occ

If you enjoy our classes, please tell a friend! We appreciate your referrals.

ebruary 15th, 2010

SAT

All Belt Make-up 10:15 - 10:45

Elite team 10:50 - 12:00



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