

## **SHARE YOUR FOOD**

### **GARLIC & HERB STEAK FRIES \$6 (GF)**

Served with Ketchup

### **PESTO FRIES \$7 (GF)**

Served with Roasted Onions

### **ANIMAL LIBERATION FRIES \$7 (GF)**

Served with Roasted Onions, Cheddar Cheese & 1000 Island

### **LOCAL HEIRLOOM BRUSCHETTA \$6**

Served with Crostini-Served Hot or Cold

## **FOOD**

## **GROW YOUR**

### **CALIFORNIA CHOPP \$8 (GF)**

Seasonal Vegetables, Avocado, Tempeh Bacon, Pumpkin & Sunflower Seeds, Balsamic Vinaigrette

### **GARDEN TUNA SALAD \$8 (GF)**

Scoop of Jackfruit Tuna Salad Romaine & Mixed Greens with  
Tomatoes & Cucumber

### **THE DARREN \$8 (GF)**

Seasonal Vegetables, Avocado, Pumpkin & Sunflower seeds, Walnut  
Pesto

### **THE ESSENTIAL SALAD \$8 (GF)**

Brown Rice, Kale, Mixed Veggies, Lime Crema on a Bed of Romaine

## **EAT WITH YOUR HANDS**

All Sandwiches come with House Salad.

Millet Bread available for Gluten Free Option

Add \$1.00 to sub Baked Steak Fries

### **MIDTOWN CLUB \$8**

Tempeh Bacon, Veganaise, Romaine Lettuce, Avocado, Multi-Grain

### **PETA'S FAVORITE SWEET POTATO AVOCADO PANINI \$9**

Roasted Onions, Tomatoes, Daiya, Poppy Seed Aioli, Ciabatta

### **ANTIPASTI PANINI \$9**

Olive Tapenade, Artichoke Hearts, Tempeh Bacon, Tomatoes, Rye

### **TEMPEH REUBEN \$9**

Tempeh Bacon, Avocado, Sauerkraut, 1000 Island, Rye, Pickles

### **HUMMUS WRAP \$9**

House Made Hummus, Tempeh Bacon, Mixed Veggies

### **AWARD WINNING TUNA MELT \$9**

Jackfruit/Walnut/Red Onion/Green Onion/Kelp Powder, Daiya Cheddar

### **CAPRESE PANINI \$8**

Heirloom Tomatoes, Basil, Mozzarella Daiya

## **FOOD FOR YOUR SOUL**

### **CALIFORNIA BURGER \$11**

With Tempeh Bacon, Avocado, Lettuce, Tomato, Daiya Cheese, Special Sauce with Fries

### **MUSHROOM QUESADILLA \$9**

Choice of Mild or Spicy with Roasted Red Onions, Daiya Cheese with Pico de Gallo & Lime Crema

### **JALAPENO BACON BURGER \$11**

With Daiya Cheddar, Pickled Jalapenos, Tempeh Bacon, all the Fixins with Fries

### **RAW CASHEW ALFREDO \$10**

With Zucchini & Carrot Spirals, Cherry Tomatoes, Kalamata Olives. Served with a Citrus Salad

### **BAHA STREET TACOS (3) \$11**

Choice of Oil Free Tofu (Mild), Potato (Medium), Spicy Greens (Medium), Chipotle Mushroom (XX Hot)  
served with Shredded Cabbage, Pico de Gallo, Lime Crema, Jalapenos, Rice and Beans

## **BUILD-A-BURGER**

Start with our Risotto/Nut Patty and Build your Perfect Burger!

Risotto/Nut Patty with Fries-\$9

Toppings: Lettuce, Tomato, Pickles, Ketchup, Special Sauce-FREE

Toppings: Roasted Onions, Pico de Gallo, Avocado-\$0.50

Toppings: Sauteed or Chipotle Mushrooms, Daiya Cheese, Bacon-\$1.00

Check our Drink Menu for Beverages and Our Case for Sweets!!