

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Grilled Sweet chili chicken with jasmine rice snow peas Bok Choy Salad
2 5oz Grilled Beef Ribeye (medium) Broccoli Mushrooms Garlic Mash Potato	3 Shrimp Fettucine Alfredo with Broccoli Normandy Mixed Green Salad	4 Chicken Creole Rice Mixed Green Salad	5 Beef Stroganoff with eggs noodles and sweet peas Corn on the cob	6 Baked Salmon top with capers with Couscous and asparagus	7 Curried Chicken' Rice , Baby Carrots, Mixed Green Salad	8 Grilled Lamb Chops Roasted Rosemary potatoes , cucumber & tomato salad
9 Chicken Parmesan Penne Pasta Green Beans Mixed Green Salad	10 Baked Swai Wild Rice Roasted Cashews Green Beans	11 Beef Brisket Apple Coleslaw Potato Salad Hush Puppies	12 Chicken Marsala Steamed Rice Brussel Sprouts Mixed Green Salad	13 Teryaki Beef Streamed Rice Baby Carrots Braised Chinese cabbage	14 Spincha Lasagna Roasted Almonds Mixed Green Salad	15 Roasted Lemon Rosemary Chicken Green Beans New potaoes Mixed Green Salad
16 Beef Tips Rice Broccoli Mixed Green salad	17 Chicken Burrito Ranchero Sauce Rice Beans Pico De Gallo	18 4 oz Crabcakes Rice Pilaf Asparagus Mixed Green Salad	19 Veal Parmesan Angel Hair Ceasar Salad	20 Grilled Chicken Penne pasta with tomato basil crème sauce Tossed Salad	21 Spicy Shrimp Creole with streamed rice and mixed green salad	22 5oz Grilled Beef Ribeye (medium) Broccoli Mushrooms Garlic Mash Potato
23 Baked Salmon top with capers with Couscous Asparagus	24 Chicken Marsala Rice Brussel Sprouts Mixed Green Salad	25 Grilled Lamb Chops Rosemary potatoes , cucumber & tomato salad	26 Corned Beed Cabbage Parlsey potatoes	27 Baked Swai Wild Rice Roasted Cashews Green Beans	28 Spincha Lasagna Roasted Almonds Mixed Green Salad	29 Spicy Shrimp Creole with streamed rice and mixed green salad
30 Crab Stuffed Potabello Rice Broccoli	31 Chicken Enchilda Bake Corn Green Salad					

Terms and Conditions:

Cost 2 meals per day \$250.00 per week prepaid cash, credit card and checks accepted.

All meals are a set menu, changes on day of menu on day of service is an additional charge.

All meals are self contained in carryout recyclable, plastic carry out containers.

Return of containers client will be given a \$50 credit(not valid with other offers).

All meals are delivered noon-4pm on the Sunday of the beginning week.

ALL meals are ready to take to work, school or play.

Samples are the cost of \$10.00 each.

Special menus will be additional charge.

Meals are rotated every 31 days. (see Schedule above,

We use only fresh vegetables, poultry and meat, never frozen.

Meals must be stored in the rear of the refrigerator to retain freshness.

Chef Tonne will not be liable for improper storage meals.