

BEVERAGES

SMOOTHIES...

YOUR CHOICE OF SOY MILK OR APPLE JUICE



AMBER AURA
Banana, Papaya,
Orange, Mango,
Pineapple, Strawberries
\$5.75



ONO
Banana, Papaya,
Orange, Mango,
Pineapple
\$5.75



MINT SIN
Banana, Grapes,
Fresh Mint,
Cacao Nibs, Soy Milk
\$6.50



THE USUAL
Banana,
Strawberries
\$5.50



TOASTED MONKEY
Banana, Chocolate,
Peanut Butter,
Hemp Seeds,
Coconut, Soy Milk
\$6.50



MANTRA
Banana, Papaya,
Acai, Blueberries,
Strawberries
\$6.75



MALO MAN
Banana, Ginger,
Pa'i 'ai, Noni
\$6.50



MISTAKE
A little bit of this,
and a little bit
of that...
\$6.50

FRUIT AND VEGETABLE JUICES...

APPLE	CARROT	COCONUT	MANGO	NONI	ORANGE	ROOTS
\$3.00	\$4.00	\$4.00	\$3.00	\$4.00	\$4.00	(Carrot, Ginger, Beets)
						\$5.50

FROZEN FRUIT BOWLS

LAYERED WITH GRANOLA AND FRESH FRUIT

ONO BOWL
Banana, Papaya, Orange,
Mango, Pineapple Garnished
with Fresh Banana, Strawberries,
Granola, Honey and Coconut
\$8.00



LOTUS BOWL
(Show above)
Banana, Acai, Blueberries, Strawberries
Garnished with Fresh Banana, Strawberries,
Granola, Honey and Coconut
\$8.50

BONSAI BOWL
Same as Lotus Bowl with
Double Acai, Cyanne Pepper
and Bee Pollen
\$10.00

COFFEE AND SPECIAL-TEAS

TASTE THE ALOHA



COFFEE
Drip Brewed "Old
Sugar Mill Brand" Coffee
Iced : \$2.50
Hot : \$2.50



HIBISCUS LAVENDER TEA
Refreshing Iced Hibiscus
and Lavender
\$2.50



WHEATGRASS SHOT
Fresh Cut Wheatgrass
Juice
\$3.00



'AWA
'Awa
\$5.00



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FOOD

SANDWICHES

WRAPPED IN NAAN-FLAT BREAD AND GRILLED



DAKINE
"VEGGIE" MELT
PANINI
Tomato, Beets, Carrots
Mixed Greens and
Mozzarella Cheese
with a Lilikoi Vinaigrette
Dressing
\$9.50



DAKINE
"TURKEY" MELT
PANINI
Roasted Turkey,
Tomato, Avocado and
Mozzarella Cheese with
a Cilantro Pesto Dressing
\$9.50



DAKINE
"MUSHROOM" MELT
PANINI
Mushrooms, Beets,
Avocado and
Mozzarella Cheese
\$9.50



CAPRESE PANINI
Tomato, Sweet Basil, and
Mozzarella Cheese
with a Lilikoi
Vinaigrette Dressing
\$8.50

SALADS

FARM-TO-TABLE SERVINGS IN "FULL" AND "HALF-SIZE"



COUNTRY CAPRESE SALAD
Tomato, Basil, and Mozzarella Cheese
with Hawaiian Salt and Freshly
Cracked Pepper
Half \$5.50
Full \$10.50



GARDEN FRESH SALAD
Mixed Greens, Tomato, Beets, Feta
Cheese with The Hawaiian Chef's
Cilantro Pesto Dressing
Half \$5.50
Full \$10.50

SPECIALTY

SEE OUR DAILY SPECIALS FOR SOUP



POKE BOWL
Freshly Caught Hawaiian
Ahi, Shoyu Style or Spicy
Poke Rice Bowl \$8.00
Poke and Kale Salad \$10.50
Poke, Rice and Kale Salad \$12.50



SOUP OF THE DAY
Check out our Menu
Board for our Daily
special
Bowl of Soup \$6.75
Soup and Salad \$9.25



WAFFLES
Fluffy and Delicious
Homestyle Multi-Grain
or Buckwheat Waffles
Plain \$6.00
With Fruit \$8.50