



BEST Hair Colorist

Helena McMullen of Salon Helena

Coming from a family of hairdressers including her grandfather who cut hair during the Depression, owner of Salon Helena, Helena McMullen, comes by her skills naturally. McMullen says, "My specialty is hair coloring. I have a great eye for color."

Helena McMullen: 7913 Menaul Ave. NE,
884-4955, www.salonhelena.com

Also in the Top 5:

Chris Valdez at Inspire: 423 Fourth St. SW, 242-4549,
www.inspiresalon.net

Vanessa at Inspire: 423 Fourth St. SW, 242-4549,
www.inspiresalon.net

Deborah Pacheco at Salon Helena: 7913 Menaul Ave.
NE, 884-4955, www.salonhelena.com

Manny Aragon at M and Company Hair and Color
Lounge: 10701 Montgomery Blvd. NE, 296-0374,
www.mco-hair-color-lounge.com

BEST Medical Spa

Bair Medical Spa

There's no prescription needed for relaxation. When it comes to sharpening our confidence and rejuvenating our beauty, Bair Medical Spa delivers in a big way. From skin rejuvenation to anti-aging care to body contouring, it has what you need to leave you feeling great. Relax, and let the staff do all the work.

Bair Medical Spa: 8810 Holly Ave. NE, 881-1532,
www.bairmedicalspa.com

Also in the Top 5:

Paris Medical Spa: 8311 San Pedro Drive NE, Suite 1,
821-1960, www.parismedspa.com

AlluraDerm Medical Spa: 9501 Paseo del Norte NE, Suite B,
821-9630, www.alluraderm.com

The Spa at Western Dermatology Consultants: 10151
Montgomery Blvd. NE, 855-9267,
www.westerndermatology.com

Eternal Youth Medical Spa: 4333 Pan American Freeway
NE, 344-6334, www.eymsnm.com



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