

IRIE FOODS

on Whyte Ave



Dine in the Caribbean

10152A 82nd Ave

780-757-2022

Debit, MasterCard and Visa accepted

We are available for private function bookings



Salads & Starters

Bread Fruit - Exotic fruit that is pan fried to perfection.	\$9
Salt Fish Fritters - Tropical mixture of salt fish, spices and fresh vegetables	\$8
Fried Broccoli - Broccoli bunches fried and served with our Jamaican signature sauce	\$8
Cucumber Cups - Freshly carved cups filled with our tuna vegetable blend.	\$7
Green Plantain - Lightly seasoned and pan fried, just like mom used to make.	\$8
Jamaican Beef Pattie - Flaky crust surrounds beef and spice stuffing.	\$3
Soup of the Day - Ask your server for today's selection.	\$6
Tossed Salad - House blend with choice of dressing. Add a Jerk Chicken Breast for \$3.50.	\$6
Caesar Salad - Add a Jerk Chicken Breast for \$3.50.	\$9
Chicken Wings - Served by the pound. Flavours include BBQ, Buffalo, and Jerk.	\$6



Burgers

All Burgers served with a side and choice of Soup or Tossed Salad. Add \$1.50 for Caesar Salad

Jamaican Fiesta Burger - 1/4 pound beef burger served with lettuce, tomato, pineapple slice. Topped with Fiesta sauce.	\$9
Jerk Chicken Burger - 1/4 pound ground chicken burger served with lettuce, tomato, pineapple slice. Topped with Fiesta sauce.	\$9

And bacon to your burger for \$1.35



Entrees

All entrees come with your choice of Soup or Tossed Salad. Add a Caesar Salad for \$2.50

Jerk Chicken - Seasoned and marinated chicken, the dish that made Irie Foods famous.	\$16
Curry Chicken - Jamaican curry with spices, garlic, potatoes and scallions.	\$16
Jerk Pork - Traditional Jamaican jerk seasoning and broiled on the grill to perfection.	\$16
Curry Goat - Classic dish found in the Caribbean. A unmistakable flavor that leaves you wanting more.	\$16
Fried Chicken - a classic Jamaican dish served with vegetables and choice of Johnny cakes or white rice.	\$16
Stew Beef - Tender cuts of AAA beef slowly cooked with vegetable and boiled dumplings (twist).	\$16
Ox-Tail - Marinated in Jamaican seasonings, simmered with Lima beans and fresh vegetables .	\$16

Above Entrees are served with your choice of rice and peas or white rice.

Substitute with a Roti for \$1.00

Ital Stew - The Rasta Man Dish - vegetarian dish prepared with coconut milk, red kidney beans, callaloo, and fresh vegetables. Served with white rice.	\$15
Rasta Pasta - Vegetarian Caribbean pasta prepared with fresh vegetables, served over a bed of rotini.	\$14
Veggie Roti - Lima beans and chick peas sauteed and served with a roti on the side.	\$15





Cook meh ah Fish mon!

Escovitch (Fried Fish) - Jamaican seasonings and spices bring out the flavour of the red snapper.	\$16
Ackee & Saltfish - Jamaica's national dish. Ackee combined with Salted Cod fish prepared with our unique Jamaican spices.	\$17
Steam Fish - Red snapper steamed with vegetables, seasoning and spices.	\$16
Brown Stew Fish - Seasoned red snapper fried then sauteed with Jamaican spices create a brown stew.	\$16



On the Side

Add two Johnny cakes for	\$0.75
Roti	\$2.50

Not sure what to pick? For \$2.50 you can create your own combo and satisfy all your island cravings.





Freshly Blended Juices \$4.25

Select up to three different items to create your own juice blend.

Carrot Strawberry Beet Root Cucumber Pineapple Apple Juice
(add condensed milk for \$0.75)

Caribbean Juices \$3.50

Coconut Water Mango Carrot Pineapple Ginger Mango Sorrel Ginger Nutrament (\$4)

Caribbean Pop \$2.75

Pineapple Banana Peanut Punch Kola Champagne Malta
Cream Soda Fruit Punch Grape Fruit Ginger Beer



Pop \$2.50 (free refills)

Coke Diet Coke Ginger Ale Iced Tea Sprite

Coffee \$2.50 Tea \$1.50





Domestic Beers \$5.50

Kokanee Canadian Bud Light Lime Steam Whistle Mikes Hard Lemonade

Import & Specialty Beer \$ 5.95

Red Stripe Corona Extra Stella Artois Guinness Heineken Carib
Crabbies Ginger Beer (\$7.50) Strongbow Cider (\$6.50)

Big Rock Draft Beer

Pint \$ 4.95 Pitcher \$14.50

Cocktails

Pineapple Twister \$7.49 (served in a pineapple)	Bob Marley Slam \$5.25
Jamaican Mudslide \$5.25	Caesar \$5.25
Irie Mango \$5.75	Island Oasis \$5.75
Ocean Breeze \$5.75	Daydream \$5.75

Wines

6oz Glass \$7.50 Bottle \$28.00

Shiraz Penfolds Rawson Retreat
The Bishop of Riesling

The story of Miss P. (Pam) and her restaurants began when Edmonton had none of the tropical flavors of back home. Foods such as Jerk Chicken, Ackee and Saltfish, Red Pea Soup or even Jamaican Beef Patties, that Miss P missed so much. She opened her first Jamaican restaurant in 1992 in West Edmonton Mall, known as Caribbean Flavors. A few years later in 1996, Miss P. opened the first Caribbean Lounge and Restaurant in the City of Edmonton. After a few years she closed both locations and decided to step back from the fast paced life of running a restaurant and to spend time with her four growing boys. Due to popular demand, Miss P. could not stay away for very long. In 1998, she opened a new and vibrant take out restaurant known as **Irie Foods** (cool, good and nice food). After 12 years on the south side, she was drawn to Edmonton's well know Whyte ave. Miss P. and her son Kirk, have joined together to help spread the good food of Jamaica to the city they call home. Which brings us to where we are today. Opened in 2009, **Irie Foods on Whyte** brings the same "cool, good and nice food" from the south side in a relaxing dining atmosphere.

From our family to yours, enjoy your time here at Irie Foods !

