

Carvery Lunch: Mon-Fri 11am-2pm

Dinner: Mon-Sun 5pm-11pm

Brunch: Sat-Sun 11am-3pm

Pub Fare/Sandwiches

Sun-Thu 11am-12am

Fri-Sat 11am-1am

STARTERS

Irish Smoked Salmon

Garnished with red onions, capers, grain mustard & served with soda bread.

\$11.

Cheese Plate

Selection of fine gourmet cheeses, red grapes, chutney & baguette.

\$9.

Steak Skewers

Filet Steak & portobello mushroom, over bruschetta salad.

\$10.

Potato and Croquettes

Served with bacon, onion & sour cream dip.

\$8.

Pigs in a Blanket

Irish pork sausage baked in a flaky pastry & served with hot mustard.

\$8.

Guinness Flavored Mussels

Steamed mussels poached in garlic, leeks, white beans & Guinness.

\$10.

Newfoundland Cod and Potato

Cakes

Crispy coating & moist center with herbs & fresh tarter sauce.

\$8.

Cheese & Red Bean Quesadilla

Served with sour cream & salsa.

\$8.

Add Chicken or Tender Steak.

\$2.

Soups

Served with whole wheat soda bread

Featured Soup of the Day

Cup.....\$3. Bowl.....\$5.

Fresh Seafood Chowder

Cup.....\$3. Bowl.....\$5.

Salads

Blue Cheese, Ranch, Honey Mustard, Italian, Balsamic, Caesar, & 1000 Island

House Salad

Mixed greens, tomatoes, red onions, cucumbers, mixed bell peppers & blue cheese, with fresh balsamic vinaigrette.

\$7.

Plough-Man's

Ham, chicken, cheddar cheese, potato salad, lettuce, tomato, pickle & brown bread.

\$10.

Caesar Salad

Romaine hearts, classic Caesar dressing, croutons & parmesan cheese.

\$7.

Fresh Beet-root and Goats Cheese Salad

Roasted beets, caramelized onion & goat cheese over arugula.

\$9.

Add chicken or steak tips

\$3.

Add grilled or smoked salmon

\$4.

Small Caesar

\$4.

Greek Salad

Shredded lettuce, onion, tomato, feta cheese & olives. Tossed in lemon, olive oil with pita bread & tzakiki sauce.

\$9.

Può Fare

Chicken Wings

House style, flour breading or straight up.

Wings tossed in your choice of sauce: buffalo, jerk, teriyaki or sweet chili. Served with celery & your choice of bleu cheese or ranch dressing.

1/2 dozen:

\$6.

1 dozen:

\$10.

Fries

Add flavors: spicy, curry or garlic sauce & cheese.

\$3.

\$1.

Tabasco Onion Rings

\$6.

Chicken Tenders

Buttermilk marinated with seasoned breading served with honey mustard or tossed in your favorite wing sauce.

\$7.

Potato Skins

Stuffed with bacon and cheddar cheese & topped with fresh sour cream and chives.

\$8.

Baked Mac-n-Cheese

Macaroni, cheddar & jack cheese, with grilled chicken & bacon.

\$7.

Può Fare Sandwiches

Sandwich's served with a choice of fries, mixed greens or potato salad.

Vegetable Burger

Black bean chipotle burger topped with portobello mushroom, jack cheese & chipotle mayo.

\$9.

Caribbean Jerk Chicken Wrap

Served with lettuce, tomato, jalapeño & sweet chili sauce.

\$9.

Local Beer Flavored Bratwurst

Served with sauerkraut, swiss cheese & mustard on a baguette.

\$9.

Grilled Cheese

Jack & cheddar

\$6.

Add bacon or tomato

\$1.

The Tra'li Burger

Our own hormone free prime beef burger with rashers, cheddar cheese, lettuce, tomato & onion.

\$8.

Add fried egg

\$50

Rasher Stacker

Irish bacon, turkey, ham, cheddar cheese, lettuce, tomato, onion on sourdough.

\$9.

Corned Beef Sandwich

Swiss cheese & hot mustard on wheat bread.

\$9.

Ruben add

\$1.

Fresh Roast Turkey Panini Wrap

Peppers, onion, bacon, jack cheese, mayo & a side of cranberry.

\$9.

Beer Battered Fish Sandwich

Served with fresh tartar sauce on a roll.

\$9.

Chicken Salad Bap

Chopped chicken salad with lettuce on a buttered bap bread.

\$9.

Main Courses

Molly's Chicken

Stuffed chicken breast with herb cream cheese wrapped in bacon panko breading & oven baked. **\$15.**

Carramore Sliced Filet of Beef

Prime cut of beef cooked to your preferred temperature, served with bourbon-peppercorn sauce. **\$18.**

Kenmare Salmon

Seasoned with lemon and pepper, lightly grilled to medium-well & topped with creamy leek sauce. **\$16.**

Bangers and Mash

Traditional Irish pork sausage in onion gravy. **\$15.**

Charlie Aiken's Ulster Grill

Eggs, bacon, sausage, steak, baked beans, tomato & Tra'li fried potatoes. **\$16.**

Chicken Pot Pie

Filled with carrots, peas, potatoes & onions in a tarragon cream sauce. **\$13.**

Beer Battered Fish -n- Chips

Served with coleslaw & fresh tartar sauce.
1/2 Portion **\$9.**
Full Portion **\$16.**

Corned Beef and Cabbage

Served with red bliss potatoes. **\$16.**

Shepherds Pie

Traditional baked Irish dish overflowing with fresh vegetables & beef. **\$14.**

Boxty

Traditional potato Boxty from the west of Ireland. Topped off with steak, chicken or shrimp & served in a white sauce with cheese. **\$11.**

Children's Menu : \$6.

All served with potatoes, apple sauce, salad, vegetable or fries.

Mac & Cheese

Fish -n- Chips

Grilled Cheese

Sliced Steak

Chicken Tenders

Fried or grilled tenders

Corned Beef and Cabbage

House or Caesar salad with grilled chicken

Boxty Potato

Desserts

| | | | |
|---|-------------|---|-------------|
| Bailey's Cheesecake | \$5. | Chocolate Brownie topped with Vanilla Ice Cream | \$5. |
| Bread and Butter Chocolate Pudding | \$5. | Apple Crisp | |
| | | Granny Smith apples with oatmeal crumb & caramel sauce. | \$5. |
| Peach Tart with Pecan Ice Cream | \$5. | Ice Cream Selection | \$2. |
| Freshly Baked Loaf of Soda Bread | \$5. | | |

Coffee Drinks

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| Fresh Brewed Coffee | \$2. | Cappuccino | \$3. |
| Espresso | \$3. | Hot Tea | \$2. |
| Tra'li Irish Coffee | | Kahlua Irish Coffee | |
| Coffee with Jameson Irish Whiskey | \$8. | Coffee with Kahlua & Baileys | \$8. |
| Liquorish Coffee | | Jamaican Coffee | |
| Coffee & Sambuca | \$8. | Coffee with Tia Maria | \$8. |
| Italian Coffee | | Mexican Coffee | |
| Coffee with Amaretto Disaronno & Sambuca | \$8. | Coffee with Jose Cuervo Tequila & Kahlua | \$8. |
| Keoke Coffee | | Nutty Irishman Coffee | |
| Coffee with Brandy & Kahula | \$8. | Coffee with Frangelico & Bailey's | \$8. |

Carvery Lunch

Mon-Fri 11am-2pm

An Irish tradition, our cavery lets you choose from a daily selection

The Tra'li carvery is based upon the traditions of medieval Ireland. Carried on in ancient pubs and taverns and recreated here. Carved to your preference from freshly roasted joints of meat with local dishes and flavors like shepherds pie, roast beef, potatoes and fresh local vegetables. No waiting around for lunch to arrive at your table, no guessing what it will look like and absoutely no chance of walking away hungry. Ask about our carvery menu.