

## BEVERAGES

small 1.69 Large 2.19

Coca Cola Products  
Sweet Tea, Unsweet Tea, Lemonade.

Orange & Apple Juice, Powerade. 1.69  
20 oz. Bottled Water 1.19

Medium Roast Coffee, Small 1.19 Large 1.69  
Hot Tea, Hot Chocolate.

## KID'S MENU

Chicken Nuggets or 2 Whole Jumbo Wings 5.95  
Grilled Cheese 4.95  
Kids Menu includes fries & small fountain drink.

CHECK OUR DAILY SELECTION OF DESSERTS!

## FREE DELIVERY

**\$25.00 Minimum Order**  
**Limited Area**

### A Wing & A Prayer's Mission:

- ♦ All our food is prepared to order for the quality experience you deserve using the highest quality products the market provides.
- ♦ Our goal is to please you. If you want something and you don't see it, ask.. We will do our very best to make your experience with us one that you enjoy.
- ♦ Chef owned and operated
- ♦ Customer Satisfaction Guaranteed

## Catering Menu

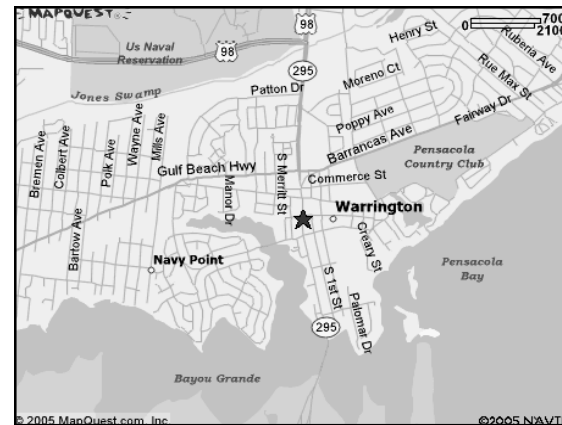
We request 48 hr notice of catering menu items. Minimum of 10 people.

- ♦ **2 Foot - 5 Foot Party Subs (feeds 8 - 10 people per foot)**
- ♦ **Assorted Wraps, Sandwiches, & Platters**
- ♦ **Whole Jumbo Wing Platters**
- ♦ **Roasted Vegetable Platters**
- ♦ **Raw Vegetable Platters**
- ♦ **Full or Half Trays of Salad**
- ♦ **Homemade Chips**
- ♦ **Fresh Cut Fruit Platters**
- ♦ **Ice Tea / Lemonade sold by gallon**

**Call (850) 457-9994**

**for more information.**

Visa, MasterCard, Discover &  
American Express accepted



Palmetto Plaza  
314-A South Navy Blvd.  
Pensacola, Florida 32507

**Ask us about our  
Daily Lunch &  
Soup Specials**

**Deli Meats also Sold  
by the pound**

**A WING & A PRAYER  
SANDWICHES SALADS & SOUPS**

**10% Off**

**Monday-Friday After 2:00 pm**  
ANY ORDER OF \$5.00 OR MORE DINE IN ONLY  
Located in Palmetto Plaza  
**Tel: 850-457-9994**

**A WING & A PRAYER  
SANDWICHES SALADS & SOUPS**

*A WHOLE LOT MORE THAN JUST WINGS!*  
HAMBURGERS, GYROS, BBQ SANDWICHES  
FRESH GRILLED FISH & CHICKEN SANDWICHES  
AND MORE!

Checkout our website:  
[www.palmetto-plaza.com](http://www.palmetto-plaza.com)



Visit us on Facebook

CUSTOM SUBS & SANDWICHES

## MENU



OPEN  
Monday - Friday  
Breakfast, Lunch & Catering  
Closed Saturday & Sunday

To order, contact

**Phone: 850-457-9994**

Palmetto Plaza  
314-A South Navy Blvd.  
Pensacola, Florida 32507

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BREAKFAST ITEMS

Breakfast Items served on White, Wheat or Rye bread. Kaiser roll, Bagel or Croissant may be additional.

Breakfast served till 10:00 am

BREAKFAST SPECIAL 2.29  
1 egg cooked to order with Bacon or Sausage served on your choice of bread.

Breakfast Pizza 5.25  
Meat Lovers Breakfast Pizza: Sausage Gravy, Bacon, Ham & Scrambled Eggs topped with cheese OR  
Veggie Lovers Breakfast Pizza: Salsa, Peppers, Sweet Onions Mushrooms scrambled eggs topped with cheese.

Breakfast Sandwich 3.25  
2 eggs, cheese, sausage, bacon or ham.

Breakfast Burrito 3.15  
Scrambled eggs, cheese & salsa wrapped in a flour tortilla.

Build your own Burrito additional charges apply  
Possibilities are endless.

SALADS

Chef Salad 7.29  
A fresh selection of chopped lettuce with turkey, ham, salami, cheese, cucumbers, tomatoes, hard boiled eggs and choice of dressing.

Chicken Caesar Salad 6.49  
Fresh romaine lettuce, tomatoes with grilled chicken breast strips, Cucumbers, and Caesar dressing.

Fresh Chicken ,Tuna or Egg salad 6.49  
Served on a bed of lettuce with tomatoes.  
Mandarin Beef or Chicken Salad 6.49  
Chopped lettuce with tomatoes, cucumbers, mandarin oranges, beef or chicken gently tossed with Asian dressing.

Greek Salad 6.49  
Romaine lettuce, tomatoes, cucumbers, onion, kalamata olives topped with Feta cheese & Greek dressing.

HOT SANDWICHES

All sandwiches made to order and served on our freshly baked sub rolls unless otherwise noted.

CHEF JOE’S SIGNATURE SANDWICH 7.15  
Grilled Chicken, pesto mayonnaise, smoked bacon, jalapeno cheddar cheese. Served on a multi grain bun.

CHEF JOE’S BLUE PASTRAMI 7.15  
Our Homemade Pastrami topped with crumbled blue cheese, dijonasie, lettuce & Tomato served on Grilled Rye bread.

CHEF JOE’S CORDON BLUE SANDWICH 7.15  
Grilled Chicken, ham, melted Swiss cheese, Blue cheese dressing on a multigrain bun.

BAR-B-Q PORK OR CHICKEN 6.95  
Pulled pork or chicken served with our signature “roasted garlic & maple barbeque sauce” served on a corn dusted bun.

PHILLY STEAK SUB 6.95  
Thinly sliced steak grilled with sweet onion and bell pepper. Topped off with melted provolone cheese.

HOT PASTRAMI OR CORNED BEEF SUB 6.95  
Cured and cooked in house like deli’s long ago topped with your choice of condiments.

TRADITIONAL NEW YORK DELI  
STYLE REUBEN SANDWICH 7.15  
Homemade hot corned beef with Sauerkraut and thousand island dressing. topped with melted Swiss-cheese. Served on grilled rye bread. YUM !!!

ITALIAN MEATBALL SUB 6.49  
Fresh Italian meatballs served with marinara sauce and topped with provolone cheese.

SHRIMP PO-BOY SUB 6.99  
Fried shrimp served with Cajun remoulade and topped with lettuce and tomatoes.

BURGERS

All burgers are Char-broiled and made fresh to order served with fries on the side.

CLASSIC BURGER 6.49  
Your choice of cheese and topped with lettuce, tomato, pickles, and onions.

BAR-B-Q BACON CHEESE BURGER 7.15  
Chef Joes famous bar-b-q sauce tops Smoked bacon and cheese for one great tasting treat!

MUSHROOM SWISS BURGER 6.79  
Classic burger topped with melted swiss cheese and grilled mushrooms.

BOCCA VEGGIE BURGER 6.49  
Soy protein burger.

COLD SANDWICHES

ROAST BEEF SUB 6.95  
Our Homemade Thinly sliced Roast beef served with your choice of condiments.

HAM & CHEESE SUB 6.49  
Thinly sliced Ham and cheese served with your choice of condiments.

OVEN ROASTED TURKEY BREAST SUB 6.95  
Thinly sliced oven roasted Turkey served with your choice of condiments.

CLASSIC ITALIAN SUB 7.15  
Pepperoni, Genoa Salami, Provolone cheese, lettuce, tomatoes, onion and oil & vinegar.

BLT 6.89  
The best BLT you have ever had in your life. An over abundance of smoked bacon served with lettuce, tomatoes, mayonnaise.

TUNA, CHICKEN OR EGG SALAD SUB 6.49  
served with your choice of condiments.

SOUPS 3.99  
Try our selection of homemade soups. Each day a new selection.

GYROS 6.89  
Thinly sliced Lamb & Beef, shredded lettuce, thinly sliced tomatoes and onion on grilled pita bread topped with Feta Cheese and a Cucumber Sauce.

GOURMET PIZZA 6.89  
Grilled Chicken, pesto sauce, tomato, sweet onion topped with feta cheese. Awesome!

WHOLE JUMBO WINGS  
Caribbean Jerk, Mojo Crillo, Bar-b-q, Teriyaki, Garlic Parmesan, Hot, Plain. Jumbo Wings. Served with celery and ranch or blue cheese dressing.

4 PIECE WINGS 6.95  
These large wings are about 1- 1/4 lb per order  
8 PIECE WINGS 12.95  
To share or not share. That is the question. But it’s a lot of food !  
12 PIECE WINGS 16.95  
25 PIECE WINGS Party size! 32.95

SIDES  
French Fries 1.99  
Onion Rings or Sweet Potato Chips 3.00  
Potato salad, Macaroni salad or Cole Slaw 1.99  
Chef Joe’s Homemade Potato Chips 2.09