

## Eggs & Omelettes

SERVED UNTIL 11:00 AM & ALL DAY ON WEEKENDS

Served with toast and shredded potatoes.

**THE USUAL** . . . . .**\$4.75**  
Two farm-fresh eggs any style

**FRITTATA** . . . . .**\$6.75**  
Baked Italian Omelette

**THREE CHEESE OMELETTE** . . . . .**\$6.75**  
Parmesan, Provolone & American

**TEX-MEX OMELETTE** . . . . .**\$7.50**  
Peppers, onions & cheddar cheese topped with salsa

**MAIN STREET OMELETTE** . . . . .**\$8.75**  
Chicken sausage, spinach, tomato & dill havarti

**WESTERN OMELETTE** . . . . .**\$7.75**  
Ham, onions, peppers & cheddar

**VEGGIE OMELETTE.** . . . . .**\$8.95**  
Egg whites, spinach, tomato, caramelized onions & feta

## Griddle Specialties

SERVED UNTIL 11:00 AM & ALL DAY ON WEEKENDS

Served with butter & maple syrup.

**BUTTERMILK PANCAKES (3).** . . . . .**\$5.75**

**BANANA OR BERRY COMPOTE PANCAKES (3)** . . . .**\$6.50**

**APPLE PIE PANCAKES (3)** . . . . .**\$6.75**

**PANCAKE PLATTER.** . . . . .**\$7.75**  
2 eggs, 2 buttermilk pancakes & your choice of  
bacon or sausage

## Egg Sandwiches (Served All Day)

Eggs any style, American cheese on a hard roll.  
Croissant add \$1.00.

Double Egg & cheese. . . . . **\$3.25**

Double Egg & cheese with bacon, ham or sausage . **\$4.25**  
(sub chicken sausage, add \$1.00)

B.E.L.T. (bacon, egg, lettuce, tomato & basil mayo  
on country white) . . . . . **\$4.75**

Breakfast Burrito . . . . . **\$5.95**  
Scrambled eggs, cheese, peppers, onions & salsa

## Breakfast Crêpes

SERVED UNTIL 11:00 AM & ALL DAY ON WEEKENDS

Served with shredded potatoes.  
Prepared with a traditional buckwheat crêpe.  
Gluten-free available upon request.

**SCRAMBLIN’** . . . . .**\$6.50**  
Scrambled eggs, American cheese, chives

**SCRAMBLIN’ AND MORE** . . . . .**\$7.25**  
Scrambled eggs, American cheese, peppers & onions  
your choice of ham or sausage (sub chicken sausage, \$1.00)

**TUTTI FRUTTI** . . . . .**\$6.95**  
Vanilla yogurt, house-made granola & berry compote

**THE PARISIEN** . . . . .**\$6.75**  
Ham & Swiss, topped with a sunny side-up egg

**THE EMPORIUM.** . . . . .**\$7.25**  
Scrambled eggs, spinach, onions & tomato, topped  
with cheddar cheese sauce

## Breakfast Sides

Bagel, Toast, or English Muffin . . . . . **\$1.25**  
(Peanut butter, add 75¢, Cream cheese, add \$1.00)

Freshly Baked Muffins & Scones . . . . . **\$2.50**

Oatmeal with Brown Sugar & Cinnamon . . . . . **\$2.95**

Yogurt Parfait . . . . . **\$3.95**

Baby Hash Browns . . . . . **\$1.75**

Shredded Potatoes . . . . . **\$2.25**

Sausage Patty . . . . . **\$2.50**

Applewood Smoked Bacon . . . . . **\$2.95**

Chicken Apple Sausage . . . . . **\$4.50**

## Kids Emporium (12 and under)

Served with kettle chips.

Chicken “nuggies” . . . . . **\$4.95**

Peanut butter & jelly . . . . . **\$3.95**

Fluffernutter . . . . . **\$3.95**

Grilled cheese . . . . . **\$4.95**

Ham or Turkey & cheese . . . . . **\$4.95**

## Emporium Salads

**CURRIED CHICKEN** . . . . .**\$8.25**  
Curried chicken salad, baby field greens, almonds,  
dried cranberries, cucumber, raspberry balsamic

**CAESAR** . . . . .**\$7.25**  
Romaine, shredded parmesan, grape tomatoes,  
croutons, caesar dressing (add grilled chicken \$1.75)

**HEN OF THE WOODS.** . . . . .**\$8.50**  
Marinated portobella mushroom, mesclun, haricot vert,  
sprouts, feta cheese, tomato, balsamic vinaigrette

**GINGER CHICKEN** . . . . .**\$8.75**  
Ginger chicken, baby field greens, broccoli, crispy  
noodles, carrot, bell pepper, mandarin oranges,  
sesame ginger soy dressing

**COBB SALAD** . . . . .**\$8.75**  
Chopped romaine, grilled chicken, tomato, crispy  
bacon, hard boiled egg, crumbled blue cheese, red wine  
vinaigrette

**MIMOSA** . . . . .**\$9.25**  
Marinated shrimp, baby spinach, tomato, mandarin  
oranges, feta, honey dijon

## Sweets

Crêpes prepared with a traditional wheat batter.  
Gluten-free available upon request.

**EMPORIUM FLUFFERNUTTER CREPE** . . . . .**\$6.75**  
Marshmallow fluff, peanut butter & sliced bananas

**BERRY PLEASURE CREPE** . . . . .**\$6.75**  
Fresh berry compote, raspberry preserves, whipped cream

**ITALIAN LOVE AFFAIR CREPE** . . . . .**\$6.75**  
Nutella, strawberries or banana, whipped cream

**APPLE PIE CREPE.** . . . . .**\$7.25**  
Apple compote, vanilla ice cream, caramel drizzel,  
whipped cream

**BANANAS FOSTER CREPE** . . . . .**\$6.75**  
Caramelized bananas, caramel, whipped cream

**FRUITS OF THE FOREST BREAD PUDDING** . . . . .**\$4.75**  
Bread soaked in a sweet egg custard topped with  
whipped cream

**S’MORES FONDUE (SERVES 4)** . . . . .**\$15.95**  
Traditional chocolate fondue, served with graham crackers,  
marshmallow, pretzel rods, rice krispy treats & seasonal  
fruit



# MENU

The Eatery at The New England Emporium  
features a unique selection of savory soups, crêpes,  
sandwiches, salads, locally made Gelato, and an  
assortment of specialty teas, coffee & cappuccino.  
Our Marketplace offers hundreds of locally produced  
products from over 200 New England vendors.

**CATERING** - Let The Emporium cater your business  
lunch, holiday party, or special event. Delivery is  
available with minimum order. Contact us  
for a catering menu.

**TAKE OUT** - Call ahead... we will  
have your order ready.



## OPEN 7 DAYS A WEEK

MAIN STREET MARKET  
386 MAIN STREET | MIDDLETOWN, CT

**PHONE** 860.346.1200  
**FAX [EATERY]** 860.638.0072

WWW.NEWENGLANDEMPORIUM.COM

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CRAFT YOUR OWN SANDWICH

Served with kettle chips .....\$7.50  
Sub potato salad, cole slaw or steak fries ..\$1.75  
1/2 sandwich and a cup of soup .....\$7.50  
1/2 sandwich and side garden salad.....\$7.50

BREAD		
Country white	Hard roll	Garlic herb wrap
Rye	Seven grain	Ciabatta
MEAT		
Oven-roasted turkey	Grilled chicken	Country ham
Roast beef	Tuna salad	Curried chicken salad
Portobella		(add \$1.00)
CHEESE		
American	Dill havarti	
Cheddar	Provolone	Swiss
FIXIN’S		
Lettuce	Basil Mayo	Mayo
Tomato	Creamy Mustard Sauce	Oil & Vinegar
Onion		Pickles
Spinach		Dijon Mustard
ADDITIONAL FIXIN’S		
Bacon (\$1.25)	Cranberry Relish (\$.50)	Roasted peppers (\$.75)
Avocado (\$1.75)	Hot peppers (\$.50)	Extra Cheese (\$.50)

SOUPS & SIDES

Daily Soup ..... \$3.75 cup, \$4.75 bowl  
Sweet Potato Fries with Chipotle BBQ....\$2.75  
Steak Fries.....\$2.50  
Side Salad (potato, cole slaw or chef’s daily side).....\$1.95  
Garden Side Salad .....\$3.95  
Caesar Side Salad.....\$3.95

SIGNATURE SANDWICHES

Served with kettle chips . . . . . \$7.95  
Sub potato salad, cole slaw or steak fries . . . . . \$1.75

CHICKEN CURRY CRAZE  
Curried chicken salad with mango chutney & dried cranberries, lettuce & tomato in a garlic herb wrap

TUNA SALAD PANINI  
Classic tuna salad, dill havarti, bacon on grilled rye

PORTOBELLA PANINI  
Marinated portobella mushroom, roasted red peppers, brie, basil mayo on grilled focaccia

STEAK & CHEESE MELT  
Steak, sauteed peppers & onions, melted American cheese on ciabatta

REUBEN  
NY Style Pastrami or Turkey, Swiss cheese, cabbage kraut & our house made dressing on grilled rye (sub corned beef, add \$1.00)

EMPORIUM CUTLET  
Chicken cutlet, provolone, lettuce, tomato, roasted peppers, basil mayo on a hard roll

CUBAN  
Oven-roasted turkey, ham, Swiss, pickles, mustard sauce on grilled focaccia

CHICKEN CAESAR CLUB  
Grilled chicken, applewood smoked bacon, tomatoes, lettuce, shaved parmesan, caesar dressing on ciabatta

THE GOBBLER  
Oven-roasted turkey, warm house-made stuffing, mayo, cranberry relish, sprouts in a grilled garlic herb wrap

B.T.S CLUB  
Bacon, tomato, baby spinach, basil mayo on 7-grain toast

PANINI BRIELLE  
Oven roasted turkey, brie, apple jam, baby spinach on a croissant

FALAFEL  
Fried chickpea patties, onion, tomato, lettuce, tahini drizzle in a grilled garlic herb wrap

SAVORY CRÊPES

Prepared with a traditional buckwheat crêpe.  
Gluten-free available upon request.  
Served with field greens tossed in a balsamic vinaigrette.

ADD A CUP OF SOUP TO ANY CRÊPE. . . . . \$2.75

THE PARISIEN . . . . . \$6.75  
Ham & Swiss, topped with a sunny side-up egg

THE TUSCAN . . . . . \$7.95  
Grilled chicken, creamy white cheddar, sauteed onions & peppers

MARGUERITE . . . . . \$6.25  
Brie, oven roasted tomatoes & basil

HAVARTI . . . . . \$7.95  
Grilled chicken, baby spinach, creamy dill havarti

GARDEN . . . . . \$7.50  
Sauteed peppers & onions, spinach, tomatoes, parmesan cream sauce

BELLA . . . . . \$7.95  
Spinach, bacon, portobella mushrooms & Swiss cheese

CITRON SHRIMP . . . . . \$9.25  
Marinated shrimp, avocado, lemon, spinach & tomato

GROWN-UP GRILLED CHEESE

On parmesan crusted country white with roasted garlic butter.

Served with kettle chips.  
Sub potato salad, cole slaw or steak fries. . . . . \$1.75

THE CLASSIC . . . . . \$6.95  
Cheddar & American cheese, tomato

JALAPENO POPPER . . . . . \$7.50  
Cheddar cheese, bacon, jalapeno apple jam

THE ‘SOUTHERN’ . . . . . \$7.50  
Grilled chicken, cheddar cheese, chipotle bbq sauce, & cole slaw

THE SWISS FOREST. . . . . \$7.75  
Portobella mushrooms, tomato & Swiss cheese

SALAD STATION

Side Garden or Caesar Salad & cup of soup.....\$7.25

Craft your own salad .....\$7.25

GREENS		
Baby field greens	Romaine	Baby spinach
PICK UP TO 6 ITEMS		
Tomato	Chickpeas	Hard boiled egg
Carrot	Red onion	
Cucumber	Beets	Sprouts
Olives	Mandarin orange	Crispy noodles
Broccoli		Croutons

Any additional items 50¢ each

ADD 75¢		
Haricot vert	Sunflower seeds	Cheddar
Bell pepper		Almonds
Fresh pear	Crumbled blue cheese	Shredded parmesan
Dried cranberries	Feta	Bacon

ADD \$1.75		
Turkey	Roast beef	Tuna Salad
Ham	Avocado	Marinated shrimp (\$3.75)
Grilled chicken	Curried Chicken Salad	

DRESSINGS  
Oil & vinegar, balsamic vinaigrette, Caesar, red wine vinaigrette, ranch, honey dijon, raspberry balsamic, sesame ginger soy