



VEGAN/VEGETARIAN ASIAN CUISINE

516 W Arapaho Ste.112
Richardson, TX 75080

(972) 479-0888
www.theveggiegarden.com

APPETIZERS

A1. Eggless Eggrolls (2)	\$4.95	A6. Fried Tofu	\$7.95
		Fresh tofu cubed and hand dipped, then deep fried until golden brown.	
A2. Soy Drumsticks	\$8.95	A7. Lettuce Wraps	\$8.95
Six soy chicken drumsticks. Served with spicy ketchup.		Tofu, pine nuts, zucchini, shredded carrots, water chestnuts and green onions stir fried in a secret recipe garlic sauce. Served with lettuce leaves on a bed of rice noodles.	
A3. Dumplings (6)	\$7.95	A8. French Fries	\$4.95
Vegetable dumplings steamed or pan fried.		A9. Edamame	\$6.95
A4. Fried Wontons (6)	\$7.95	Steamed edamame seasoned with salt.	♥
Wontons filled with tofu, mushrooms, and carrots deep fried until golden brown			
A5. Spring Rolls (2)	\$6.95		
Tofu, soy shrimp, with fresh cilantro, apple, bean sprouts, and lettuce wrapped in a rice paper. Served COLD with a spicy peanut sauce.			

SOUPS

S1. Hot and Sour Soup	sm. \$4.95 lg. \$6.95	S4. Mixed Vegetable Soup	sm. \$4.95 lg. \$6.95
Vegetable stock with shredded pork, wood ear mushrooms, tofu, bamboo shoots and seasonings.		Vegetable stock loaded with fresh steamed vegetables such as snow peas, mushrooms, Napa cabbage, water chestnuts, zucchini and carrots.	
S2. Wonton Soup	sm. \$4.95 lg. \$6.95	S5. Soy Steak Noodle Soup	\$8.95
Napa cabbage, zucchini, carrots and stuffed wonton combined in a tasty homemade vegetable stock.		Baby bok choy and eggless noodles in a wonderful vegetable stock topped off with two deep fried soy steaks.	
S3. Miso Soup	sm. \$4.95 lg. \$6.95		
Vegetable stock mixed with miso paste, cubed tofu and sea weed. Garnished with green onions.			

SANDWICHES

W1. Boca Burger	\$6.95	W2. Chicken Sandwich	\$6.95
Boca burger garnished with lettuce, tomato, onion, pickle and mayonnaise		Crispy deep-fried soy chicken garnished with tomato, lettuce, pickle, onion and mayonnaise.	

15% gratuity added to parties of 6 or more

NOODLES

L1. Mixed Vegetable Lo Mein

\$7.95

Lo mein noodles stir-fried with fresh snow peas, cabbage, onion carrots and broccoli in a mouth watering brown sauce.

L2. Soy Pork Lo Mein

\$7.95

Lo mein noodles stir-fried with shredded soy pork, onions, cabbage and carrot slivers in a touch of soy.

L3. Soy Beef Lo Mein

\$7.95

Lo mein noodles stir-fried with soy beef pieces, onions, Napa cabbage and carrot slivers in a tasty brown sauce.

L4. Soy Chicken Lo Mein

\$7.95

Soy chicken stir-fried with fresh carrots, Napa cabbage and bamboo shoots, combined with lo mein noodles in a light brown sauce.

L5. Soy Shrimp Lo Mein

\$8.95

Lo mein noodles stir-fried with soy shrimp, onions, cabbage, and carrot slivers in a brown sauce.

L6. Combination Lo Mein

\$11.95

Soy chicken, beef and shrimp combined with lo mein noodles, Napa cabbage, carrot slivers and bamboo shoots in a delightful brown sauce.

L7. Soy Beef and Flat Noodle with Chinese Seasonal Vegetables

\$8.95



Pan fried flat noodles, soy beef and fresh baby bok choy combined in a brown garlic sauce. A healthy dish full of fresh bok choy.

L8. Soy Steak and Flat Noodles in Black Sauce

\$8.95

Pan fried flat noodles, onions, green bell pepper and soy beef stir-fried in an elegant bean sauce.

L9. Soy Beef and Flat Noodles in Chinese BBQ Sauce

\$8.95

Pan fried flat noodles, soy beef and Napa cabbage stir-fried in a tasty Chinese BBQ sauce. A Veggie Garden favorite

L10. Soy Beef with Pan Fried Noodles

\$8.95



Pan fried rice noodles with bean sprouts, onions, and beef slices in a black bean sauce

L11. Crispy Pan Fried Rice Noodle with Soy Beef

\$8.95

Crispy fried noodles topped with stir-fried beef slices, snow peas, bamboo shoots, Napa cabbage, carrots, mushrooms, broccoli and water chestnuts in a brown sauce.

L12. Crispy Pan Fried Rice Noodle with Soy Shrimp

\$10.95

Crispy fried rice noodles topped off with stir-fried broccoli, snow peas, soy shrimp, water chestnuts, mushrooms, Napa cabbage and bamboo shoots in a brown sauce.

L13. Combination Crispy Pan Fried Rice Noodles

\$11.95

Crispy deep fried rice noodles topped with stir-fried soy beef, chicken, shrimp and broccoli, carrots, wood ear mushrooms, bamboo shoots and water chestnuts in a brown sauce.

L14. Singapore Noodles

\$8.95

Stir-fried noodles with soy pork, yellow onion, garlic in a spicy curry. Garnished with green onions.

FRIED RICE

R1. Mixed Vegetable Fried Rice

\$7.95

Stir-fried rice with a touch of soy combined with fresh blanched broccoli, zucchini, carrots and peas.

R2. Soy Pork Fried Rice

\$7.95

Stir-fried rice with shredded soy pork, diced zucchini, carrots and peas with a touch of soy.

R3. Soy Beef Fried Rice

\$7.95

Stir-fried rice with pieces of soy beef, diced carrots, zucchini and peas.

R4. Soy Shrimp Fried Rice

\$8.95

Stir-fried rice with tasty pieces of soy shrimp, diced carrots, zucchini and highlighted with sweet peas.

R5. Combination Fried Rice

\$9.95

Fried rice with soy pork, chicken, and beef with cubed carrots, zucchini and peas.

R6. Fancy Fried Rice

\$8.95

Fried rice with diced carrots and zucchini, peas, soy chicken and pineapple in a bed of shredded lettuce.

R7. Tone Yin Fried Rice

\$8.95

Fried rice, shrimp, peas, carrots and zucchini stir-fried in a Thai sauce topped with hot cherry peppers and served on a bed of lettuce.

VEGGIES

All dishes served with your choice of brown or white rice (unless otherwise noted)

V1. Mixed Vegetables

\$7.95

Stir-fried carrots, snow peas, water chestnuts, mushrooms, Napa cabbage, baby corn, broccoli and bamboo shoots in a white sauce.

V2. Stir-fried Broccoli

\$7.95

Fresh steamed broccoli and carrots stir-fried in a wonderful white sauce.

V3. Broccoli with Garlic Sauce

\$7.95

Fresh steamed broccoli stir-fried with water chestnuts, sliced carrots, wood ear mushrooms and bamboo shoots in a tangy garlic sauce.

V4. Eggplant w/Basil

\$8.95

Carrots, bamboo shoots, mushrooms, and Japanese eggplant stir-fried in a tangy sauce with basil.

V5. Eggplant with Brown Sauce

\$8.95

Stir-fried Japanese eggplant, mushrooms, carrots, and bamboo shoots in sauce.

V6. Eggplant with Garlic Sauce

\$8.95

Stir-fried Japanese eggplant in a brown sauce with shredded carrots, onions, bamboo shoots, and mushrooms.

V7. Stir-fried Bok Choy

\$7.95

Baby bok choy stir-fried with carrots in a white ginger garlic sauce.

V8. Black Mushrooms and Bok Choy

\$7.95

Bok Choy stir-fried with carrots, black mushrooms, and bamboo strips in a vegan Oyster sauce.

V9. Steamed Broccoli

\$7.95

Heart healthy steamed broccoli.

V10. Steamed Veggies and Rice

\$8.95

Seasonal steamed mixed vegetables.

V11. Curry Masala

\$8.95

Stir-fried cabbage, potatoes, zucchini, and carrots in a thick and spicy curry sauce.

15% gratuity added to parties of 6 or more

SOY BEEF

All dishes served with your choice of brown or white rice (unless otherwise noted)

B1. Soy Beef with Broccoli	\$8.95	B5. Soy Beef Pepper Steak	\$8.95
Fresh steamed broccoli stir-fried in a brown sauce with carrots and soy beef.		Soy beef stir-fried with onions, carrots and green bell pepper in a garlic brown sauce.	
B2. Soy Beef with Black Mushrooms and Bamboo Shoots	\$8.95	B6. Mongolian Soy Beef	\$8.95
Sliced soy beef, water chestnuts, carrots, and bamboo shoots stir-fried in a brown sauce.		Soy beef stir-fried with green onions in a brown garlic sauce and served on top of a bed of crispy fried rice noodles.	
B3. Soy Beef with Garlic Sauce	\$8.95	B7. Soy Beef and Snow Peas	\$8.95
Soy beef, bamboo strips, water chestnuts, carrots, and mushrooms in a tangy garlic brown sauce.	⚠	Stir-fried soy beef slices, bamboo shoots, carrots, water chestnuts and fresh snow peas in a brown garlic sauce.	
B4. Soy Beef with Mixed Vegetables	\$8.95	B8. Orange Soy Beef	\$9.95
Soy beef, broccoli, water chestnuts, Napa cabbage, carrots, mushrooms, bamboo shoots, snow peas, and zucchini stir-fried in a delightful brown sauce.		Battered soy beef served with an orange glaze on a bed of fresh steamed broccoli.	⚠
		B9. Soy Beef and Potatoes	\$7.95
		Tender slices of soy beef stir-fried with onions and pan fried potato slices in brown sauce.	

SOY PORK

All dishes served with your choice of brown or white rice (unless otherwise noted)

P1. Sweet and Sour Soy Pork	\$7.95	P4. Shredded Soy Pork with Green Beans	\$7.95
Battered deep fried soy pork combined with stir-fried pineapple, carrots, onions and bell peppers in a freshly made sweet and sour sauce.		Stir-fried fresh green beans and shredded soy pork in a light brown sauce.	
P2. Twice Cooked Soy Pork	\$7.95	P5. Salt and Pepper Chop	\$10.95
Soy pork slices stir-fried with cabbage, yellow onions, and carrots in a SPICY hoisin sauce.		Pan fried soy pork chop stir-fried with salt, pepper and chili served on a bed of leaf lettuce, shredded carrots and cabbage and garnished with pepper and green onions.	★
P3. Shredded Soy Pork with Garlic Sauce	\$7.95		
Shredded soy pork stir-fried with wood ear mushrooms, bamboo shoots and water chestnuts with a delightful garlic sauce.			

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SOY CHICKEN

All dishes served with your choice of brown or white rice (unless otherwise noted)

C1. Potato Soy Chicken	\$7.95	C8. Soy Chicken with Snow Peas	\$8.95
Soy chicken, onion, and pan fried potatoes stir-fried in a hoisin sauce.		Sliced soy chicken, snow peas, water chestnuts and bamboo shoots stir-fried in a light garlic sauce.	
C2. Soy Kung Pao Chicken	\$8.95	C9. Soy Chicken with Garlic Sauce	\$8.95
Cubed soy chicken stir-fried with zucchini, peanuts, water chestnuts and green onions in a light brown sauce.	⚠	Lightly battered soy chicken strips stir-fried with blanched carrots, mushrooms, water chestnuts, and bamboo shoots in a tangy sauce.	
C3. Cashew Soy Chicken	\$8.95	C11. Orange Soy Chicken	\$9.95
Soy chicken stir-fried with cashews, zucchini, broccoli and green onions in a light brown sauce.		Lightly battered and deep fried chicken strips smothered with an orange glaze and garnished with steamed broccoli.	
C4. Soy Chicken with Broccoli	\$8.95	C12. Sesame Soy Chicken	\$9.95
Sliced soy chicken stir-fried in a tasty white sauce and combined with steamed broccoli and carrots.		Lightly battered and deep fried chicken strips tossed in a brown sauce with a touch of chili pepper and garnished with sesame seeds.	★
C5. Soy Chicken with Black Bean Sauce	\$8.95	C13. Lemon Soy Chicken	\$11.95
Soy chicken cubed and stir-fried with onion, bell pepper and diced carrots in a very unique black bean sauce.		Two soy chicken breasts deep fried and served on a bed of shredded lettuce and carrots. Covered with a warm lemon glaze and garnished with lemon slices.	
C6. Soy Curry Chicken	\$8.95	C14. Almond Sliced Soy Chicken	\$11.95
Stir-fried soy chicken, bell peppers, and onions combined in a delightful curry sauce.	⚠	Golden deep fried chicken with a light batter on a bed of shredded lettuce and covered with a tasty sauce.	
C10. Moo Goo Gai Pan	\$8.95	C15. Crispy Golden Fry	\$11.95
Sliced soy chicken, bamboo shoots, carrots, water chestnuts, snow peas and mushrooms stir-fried in a tasty white garlic sauce.		Soy chicken deep fried until golden brown, then covered with a clear spicy ginger sauce, garnished with cilantro, tomatoes and cucumbers. Served with a special sauce for dipping.	
C7. Sweet and Sour Chicken	\$8.95		
Lightly battered and deep fried soy chicken strips combined with stir-fried bell pepper, carrots, onions and pineapple in a freshly made sweet and sour sauce.			

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SOY SEAFOOD

All dishes served with your choice of brown or white rice (unless otherwise noted)

SH1. Kung Pao Soy Shrimp

Stir-fried soy shrimp with diced zucchini, green onions, red peppers and water chestnuts in a brown sauce. Garnished with peanuts.

\$9.95



SH2. Soy Shrimp with Snow Peas

Stir-fried soy shrimp, snow peas, bamboo shoots, water chestnuts and carrots in a tasty garlic sauce.

\$9.95

SH3. Soy Shrimp with Broccoli

Stir-fried soy shrimp, carrots and fresh steamed broccoli in a white garlic sauce.

\$9.95

SH4. Cashew Soy Shrimp

Soy shrimp, cubed zucchini, green onions and water chestnuts stir-fried in a light brown sauce. Garnished with cashew nuts.

\$9.95

SH5. Soy Shrimp with Mixed Veg.

Soy shrimp, broccoli, carrots, water chestnuts, snow peas, mushrooms, cabbage and zucchini in a white garlic sauce.

\$9.95

SH6. Soy Shrimp with Black Bean Sauce

Stir-fried soy shrimp, green peppers, and onions in a mouth watering black bean sauce.

\$9.95

SH7. Soy Shrimp with Garlic Sauce

Soy shrimp, wood ear mushrooms, carrots, water chestnuts and bamboo shoots stir-fried in a brown tangy sauce.

\$9.95



SH8. Sweet and Sour Soy Shrimp

Lightly battered and deep fried soy shrimp mixed with stir-fried onions, green pepper, carrots and pineapple in special sweet and sour sauce.

\$9.95

SH9. Orange Soy Shrimp

Lightly battered soy shrimp stir-fried in a hot zesty orange sauce garnished with steamed broccoli and orange slices.

\$9.95



F1. Soy Fish with Brown Sauce

Lightly battered and deep fried soy fish combined with stir-fried carrots, bamboo shoots and black mushrooms in a brown sauce.

\$10.95

F2. Soy Fish with Hot Bean Sauce

Battered and deep fried soy fish stir-fried in a HOT bean sauce with peas and carrots.

\$10.95



F3. Soy Fish with Garlic Sauce

Lightly battered and deep fried soy fish covered with a stir-fried combination of slivered water chestnuts, carrots, black mushrooms and bamboo shoots in a tangy brown sauce.

\$10.95



F4. Five-Flavor Soy Fish

Soy fish deep fried to a golden brown then covered with strips of green pepper, carrots, onions, bamboo shoots and shiitake mushrooms that have been stir-fried in a succulent white sauce full of flavor.

\$10.95

15% gratuity added to parties of 6 or more

TOFU

All dishes served with your choice of brown or white rice (unless otherwise noted)

T1. Mixed Vegetables with Tofu	\$7.95	T4. Tofu Szechwan Style	\$7.95
Chunks of deep fried tofu stir-fried with fresh blanched broccoli, snow peas, baby corn, water chestnuts, cabbage, zucchini, carrots and shitake mushrooms in a white sauce.		Fresh tofu cut into bite size chunks and stir-fried with soy chicken chunks in a Szechwan spicy brown sauce.	⚠
T2. Tofu with Brown Sauce	\$7.95	T5. Tofu with Basil	\$7.95
Fresh tofu cut into large cubes and stir-fried in a brown sauce with mushrooms, carrots and bamboo shoots.		Tofu stir-fried with carrot slices, bamboo shoots, and basil.	
T3. Family Style Tofu with Hot Sauce	\$7.95	T6. Golden Fried Tofu	\$8.95
Deep fried tofu stir-fried with Napa cabbage and soy meat in a spicy hot chili sauce.	⚠	Fried tofu with steamed broccoli in a spicy garlic and ginger sauce.	⚠
		T7. Chef Lee's Ocean Tofu	\$8.95
		Tofu seasoned with lemongrass, red pepper, diced onions, salt and pepper.	★

EXTRAS

E1. Steamed white or brown rice	\$1.99	E3. Side of Fries	\$2.95
	♥		
E2. Steamed Broccoli	\$2.95	E4. Side salad	\$2.95
	♥		

★ Veggie Garden favorites

⚠ Hot & Spicy!

♥ Heart Healthy

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BEVERAGES

Soy Milk Shakes

Soy milk shakes available in Chocolate, Vanilla, and Strawberry. Seasonal flavors available-ask your server.

\$5.99

Thai Tea

A perfect mixture of Thai tea and soy milk served over ice.

\$3.00



Orange Juice and Aloe

Aloe vera mixed with orange juice for a healthy and tasty refreshing drink. Good for digestion and adds vitamins, minerals, and amino acid

\$3.99



Natural Drinks

Canned all natural caffeine free drinks. Available in Cola, Orange, Ginger Ale, Black Cherry, Raspberry, and other interesting flavors.

\$1.75

Soft Drinks

\$1.75

Iced Tea

\$1.75

DESSERT

D1. Sweet Cinnamon Pillows

Deep fried donuts coated with white and brown sugar. A perfect ending to any meal. Served hot. 10 donuts per serving.

\$6.95



D2. Thai Black Sticky Rice

\$4.95

D3. Ice Cream

\$2.95

Veggie Garden favorites

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