



# RYAN MANSION

BOUTIQUE HOTEL & SPA



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21 Rennies Mill Road in  
downtown St. John's Newfoundland, Canada  
Phone: (709) 753-7926 ~ Fax: (709) 753-7992  
E: [info@ryanmansion.com](mailto:info@ryanmansion.com)  
[www.ryanmansion.com](http://www.ryanmansion.com)

## THE RYAN MANSION SPA



The Ryan Mansion Spa brings together an eclectic blend of ancient and modern influences and combines them with the expertise of world-renowned international spa specialists Pañpuri. The result is an exceptional state-of-the-art, urban retreat which complements the legendary Ryan Mansion Style and service.

Pañpuri has created a collection of bespoke treatments exclusively for the Ryan Mansion Spa. Therapies uniquely layer Thai, European and Ayurvedic philosophies for an entirely new holistic experience. Together with the internationally acclaimed Pañpuri range - exclusive in St. John's to the Ryan Mansion Spa - the exceptionally natural, high-quality skin care products, anti-stress oils, revitalizing seaweeds and cleansing muds help restore energy levels, tranquility, and balance.

All prices are in Canadian Dollars and are applicable to Government tax.

Prices are subject to change without prior notice.

For reservations or Gift Vouchers please contact Ryan Mansion Spa

**(709) 753-7926**

*info@ryanmansion.com*

*www.ryanmansion.com*



## RYAN MANSION SPA PACKAGES



For true pampering that goes beyond just the body, but pampers the soul, Pañpuri has carefully selected balance treatment combinations to allow you to experience true rejuvenation. While a massage has become common, a truly exceptional bliss-evoking spa experience is still within reach. Our combinations thoughtfully draw on our exclusive infused oils and treatments to deliver a luxurious pampering experience. Pañpuri also gives our discerning clientele the flexibility to choose Thai and Oriental inspired therapy combinations in consultation with our expertly trained therapists to create a unique journey to ensure that you reach your desired destination.

For corporate and executive leaders, we offer individually designed combinations to address the specific needs of today's business people. Awaken your senses and feel rejuvenated once again as you indulge yourself in our truly exclusive therapies designed to relieve stress and tension and to leave you rejuvenated and ready once again to take on the world.

### Indulge

Allow 3.5 hours / \$270

Welcome tea service, Tea tree foot ritual, Luxurious 60 minute massage of your choice, Rejuvenating facial, Gourmet spa lunch

### Indulgence

Allow 4 hours / \$315

Welcome tea service, Tea tree foot ritual, Luxurious 90 minute massage of your choice, Rejuvenating facial, Gourmet spa lunch

### The Ultimate Spa Escape

Allow 6 hours / \$485

Welcome tea service, Tea tree foot ritual, Hot Stone or Signature massage, Rejuvenating facial, Hand treatment, Foot treatment, Gourmet spa lunch

## SPA ETIQUETTE



Please dress however you feel most comfortable. Bathrobes and slippers are provided in your private spa suite.

Please arrive 15 minutes before your scheduled time to allow you to register, change, and begin your spa experience at the appointed time.

Our spa manager and receptionist will be able to assist you to plan the best spa program to suit your needs.

Please notify our spa manager or receptionists before booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities, or if you are pregnant.

You may wish to wear your own underwear or, alternatively, treatment may be enjoyed without clothes. Choose what is most comfortable for you. Our therapist will always use draping techniques to respect your modesty.

Please inform our therapists should you wish to adjust anything in your treatment room. This is your time, and you should enjoy your experience to the fullest so we are happy to adjust the room temperature, the massage pressure, or the volume of the ambient music to suit your desires. Please do not hesitate to ask your therapist to make adjustments to suit your personal comfort levels.

Arriving late may limit the time of your treatments. Your treatments will end on time to ensure there is no inconvenience to the next guest. However, if no guest follows your booking you can enjoy the full duration of your treatment time.

The treatments you select are reserved especially for you. A 50% charge will be collected for treatments cancelled without 24 hours advanced notice.

The spa environment is one of tranquility and relaxation. Please respect the peacefulness and privacy of other spa guests. Kindly defer from smoking and from using your mobile phones within the spa vicinities. Thank you.

## RYAN MANSION OVERNIGHT PACKAGES AVAILABLE FROM \$485



Retreat | Romance | Royal

## RYAN MANSION SPA BODY TREATMENTS



Nature, harmony, and purity. All of our treatments embrace the natural elements required to restore balance. These exotic treatments are the ultimate in relaxation that will envelop your senses and revitalize your being.

### Inner Peace Detoxifying Mud Wrap 90 minutes/\$185

Your detoxifying journey begins with an invigorating seaweed salt and butter scrub to prepare your skin for the nourishing, mineral rich deep sea clay body wrap. Clove improves circulation while tangerine lifts your mood. Moisture rich shea butter softens and protects, while Jasmine and Mint awaken your senses.

*Scrub, Hot Compress, Deep Sea Clay Wrap, Shower/Tub~Body Butter, Tea*

### Seaweed Salt & Butter Scrub 60 minutes /\$135

This invigorating scrub detoxifies, exfoliates and nourishes your skin, leaving it radiant and revived. Moisture rich shea butter then softens and protects, while Jasmine and Mint awaken your senses.

*Scrub, Shower/Tub, Body Butter, Tea*

### Scrub/Mud Wrap/Massage 2.5 hours/\$225

Your choice from hot stone, relaxation or Pañpuri Signature massage plus combination of descriptions from above.

*Scrub, Hot Compress, Deep Sea Clay Wrap, Shower/Tub, Choice of Massage, Lunch*

## RYAN MANSION SPA HANDS AND FEET



### Reflexology 1 hour \$110.00

Restore your body's natural balance through the stimulation of pressure points on the feet that correspond to every part, organ and gland of your body. Evidence shows that early Egyptians and the ancient Chinese knew all about the benefits of foot massage and reflexology, including tension relief, strengthened immune function, and improved circulation. Your feet will be nourished with a detoxifying masque and hydrating crème, and you will leave with a greater feeling of vitality and enhanced wellbeing

### Foot Treatment 1.5 hours \$90.00

Take a step on the path less travelled and treat your soles and toes to this delectable delight with special herbs and oils to rid your feet of impurities. Finish with a delightful polish application to leave you feeling renewed.

*Soak~Exfoliation, Nail Care, Foot Buffing, Massage, Polish Application*

### Hand Treatment 1 hour \$75.00

A luxurious Hand Treatment that is velvety soft and evocative. Infused with Rose distilled from newly open blossoms picked before the sun has the chance to warm away the aroma, and accented with exotic orange and tamarind, this experience will leave your hands glowing.

*Soak, Exfoliation, Nail Care, Massage, Polish Application*

## RYAN MANSION SIGNATURE FACIALS



Indulge yourself in one of our luxurious facials using only the purest skincare range from Pañpuri. Inspired by traditional Thai beauty rituals and its most sacred flower, the Pañpuri skincare range is an innovative, potent, anti-aging facial care regime with uncompromising efficacy. At the very heart of each formulation in Pañpuri's anti -aging skin care solution lies the Jasmine Free Radical Defence Complex, Pañpuri's uniquely powerful antioxidant and hydrating compound that combines three essences of precious Jasmine- Jasmine Absolute, Jasmine Extract and Jasmine Hydrosol – with eight essential Amino Acids and five Red Fruits compounds.

Our revitalizing signature facial treatments are designed to purify, protect and promote beautiful, radiant skin, tailored to your individual needs. Each unique treatment works to combat the ravages of time and the damaging effects of the environment to preserve your skins youthful appearance, resulting in a soft, smooth and firm complexion that is luminous from the inside out.

### Youthful Facial 75 minutes /\$135 (Normal/dry skin) Allow extra 30 minutes

Pañpuri's signature facial boosts the skins natural defence with its powerful antioxidant and hydrating formula. Start your journey by purifying your skin with our omega rich cleansing followed by a deep exfoliation. Relax your mind and soul with our signature facial, neck and shoulder massage that increases circulation and promotes rejuvenation.

Your Skin will look and feel Cured from dry to hydrated skin and in the end you will feel that this journey to hydration has just begun.

*Hydrating Cleanser, Rejuvenating exfoliation, Facial massage, Purifying mask, Eye cream, Moisturizer*

### Timeless Facial 75 minutes /\$135 (Combination/oily) Allow extra 30 minutes

A journey where the skin can finally release and let go of unwanted toxins and impurities. This Facial allows you to enjoy the Peace of mind that you can have it all! The anti-aging benefits of Pañpuris Jasmine free radical defense complex, restores and balances your skin's natural PH level. To start we cleanse away daily stress with our purifying cleanser, which contains pomegranate and grapefruit extract. Followed by a Deep exfoliation to a brighten your complexion, embrace your inner peace and lift your spirits with our signature facial massage.

*Tightening and toning Cleanser, Deep exfoliation, Facial massage, Purifying mask, Eye cream, Moisturizer*

## Invigorate facial (All skin types)

75 minutes /\$135  
Allow extra 30 minutes

Discover eastern beauty traditions with our Thai inspired facial that has been especially developed to deliver the ultimate facial pampering experience. Nourishing plant extracts are carefully chosen and combined to nourish and hydrate the skin, Free from mineral oil and overpowering synthetic fragrances, Pañpuri uses only the finest natural healing ingredients. Pure plant essential oils assist in the restoration of your physical, mental and spiritual balance.

*Two facial cleansings, Exfoliation, Facial massage, Hydrating mask, Eye cream, Moisturizer*

## RYAN MANSION SPA MASSAGES



A Pañpuri massage is a deeply relaxing ritual leaving your body and spirit renewed and revitalized. Using our special pure blended oils, your skin will feel smooth, soft and richly moisturized. Select a treatment from one of our unique Thai and Oriental inspired massage therapies.

Let your senses travel through a selection of the purest, exotic aromas of Jasmine, Lemongrass, Vetiver, Rose or Geranium. Ancient healing and modern therapies work in synergy to restore your natural balance.

In consultation with our knowledgeable therapists, discover the most suitable treatment to tailor the experience to your needs and preferences. We want to make your journey memorable and to ensure you reach your destination feeling totally fulfilled, your body rejuvenated, your mind and soul at peace as you reflect on the experience while enjoying one of our special blend organic teas.

### Pañpuri Signature Relaxation Massage

70 Minute/\$155  
Allow extra 30 minutes

This treatment encourages a deep level of relaxation by combining Chakra balancing techniques, Shiatsu pressure points, full body relaxation massage and cranial Shiatsu. Indian Sandalwood and Lemongrass further enhance your experience by calming, soothing and strengthening the nervous system. Circulation is improved, tension is released and well being is restored.

*Foot soak & scrub, Pañpuri Signature Massage, Tea*

### Swedish Massage

60 Minute/\$110 or 90 Minute/\$155  
Allow extra 30 minutes

Enjoy the profound healing benefits of a Swedish massage. As tension is eased from your muscles with light to firm pressure, immune function is strengthened, flexibility is increased and circulation is improved. Experience a renewed sense of balance and calm.

*Foot soak & scrub, Swedish Relaxation Massage, Tea*

### Hot Stone Massage

75 Minute/\$155  
Allow extra 30 minutes

This deeply relaxing massage uses the heat of basalt stones to soothe and awaken tired, sore muscles. Energy flow is restored as tension and stress melt away. Rejuvenating to body, mind and soul.

*Foot soak & scrub, Hot Stone Massage, Tea*

### Couple's Massage

Allow extra 30 minutes

Share your relaxation journey with a friend or loved one. Choose from the Panpuri Signature relaxation massage, Swedish massage or Hot Stone Massage.

*Foot soak & scrub, Choice of Massage, tea*