



BODY & SOUL RETREAT®

Day Spa & Healing Center

Nail CARE

Retreat Manicure	17.
Holistic Manicures	25.
Chocolate Souffle', Orange Ice, or Lavender Aphrodisiac	
Hot Wax Manicure	30.
Children 12 & under	12.
Polish Change	10.
French Polish	add'l \$5.

Hydrotherapy FOOT CARE

Body & Soul Pedicure	37.
Holistic Pedicures	50.
Chocolate Souffle', Orange Ice, or Lavender Aphrodisiac	
Hot Wax Pedicure	55.
Peppermint Pedicure	55.
Glycolic Pedicure with Heel Treatment	50.
Children 12 & under	22.
French Polish	add'l \$5.

Signature Pedicure <i>includes an Organic Pedicure & Foot Reflexology</i>	115
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WAXING SERVICES

Brow	16.	Half Leg	30.
Lip	10.	Full Leg	50.
Chin	10.	Bikini	from 30.
Back	from 25.	Brazilian	from 50.
Chest	from 25.	Extended Brazilian	from 50.
Sideburns	12.	Bikini/Half Leg	from 60.
Underarm	15.	Bikini/Full Leg	from 80.
Half Arm	15.	Abdomen	20.
Full Arm	30.		

THREADING

Eye eyebrow	20.	Chin	15.
Lip	12.	Full Face	from 25.

ALL SERVICE PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

RETREAT HOURS

Monday	10 am - 6 pm	Thursday	10 am - 9 pm
Tuesday	10 am - 8 pm	Friday	10 am - 9 pm
Wednesday	10 am - 8 pm	Saturday	10 am - 6 pm
	Sunday	10 am - 6 pm	

Ramblewood Square Shopping Center
1225 N. University Drive
Coral Springs, Florida 33071
954.796.0005
soulmate@bodyandsoulretreat.com
www.bodyandsoulretreat.com



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Skin CARE

Organic Facial	85.
Organic Pure Results Pumpkin Enzyme Peel	60.
Organic Pumpkin Facial	95.
Organic Paprika Signature Facial	125.
4-Layer Facial	125.
Back Facial	75.
Sedona Mist Facial	80.

MASSAGE THERAPIES

Duration (min.)	30	60	90	Duration (min.)	60	90
Body & Soul	55.	80.	110.	Pre-Natal	90.	
Deep Tissue		95.	125.	Ayurvedic	90.	
Aromatherapy		90.	120.	4-Hand Massage	160.	220.
Hot Stone	100.	130.		Couples Massage	160.	220.
Thai Massage		125.		Instructional Massage		125.

HEALING THERAPIES

Reflexology	85.	Shirodhara	85.
Reiki	80.	Ahbyanga	170.
Raindrop Therapy	125.	Cranio-Sacral Therapy	85.
Private Yoga	60 min.	75.	
Whirlpool Lavender Bath	1 person	30 min.	35.
	2 people	30 min.	45.

Body TREATMENTS

Karma Body Glow	60.	Hydrating Rose	90.
Detox Black Moor Mud	90.	Grounding Seaweed	90.
Organic Cranberry Pomegranate Sugar Scrub	60.		
Organic Pear & Green Apple Sugar Scrub	60.		

RETREAT PACKAGES

GRATUITY INCLUDED ON ALL PACKAGES

Peaceful Sedona	149.	The Haven	261.
Zen For Men	204.	Retreat Signature Day	402.
Soulful Journey	220.	Body & Soul Mates	413.
Zen Temple	241.	Spirit of Sedona	424.
Body In Balance Prenatal	253.	Yin & Yang Bliss	indiv 270. together 475.

Spa PARTIES

PLEASE CALL FOR QUOTES & Availability

Lover's Twilight Party	Ladies & Teens Night Out
Bridal & Baby Showers	Fairy Dust Children's Party
Bachelorette Bliss	Corporate Events/Meetings

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