

SEA BIRDS



Local. Fresh. Organic.

MENU

Sides

Sweet Potato Fries \$3

Fall Couscous Salad \$3: Diced fuji apples, cranberries, almonds, fresh basil

Wild Mushroom & Barley Soup \$4

Potato-Jackfruit Taquitos \$6: 3 crispy taquitos with guacamole & salsa

Tacos & Burritos

BEER BATTERED AVOCADO TACO \$2

A fried avocado wedge topped with shredded cabbage, red onion and our creamy cilantro-jalapeno sauce.

JERK JACKFRUIT TACO \$2

Grilled & seasoned jackfruit topped with onion, cilantro and our green salsa.

BBQ TOFU TACO \$2

Organic sprouted tofu topped with onion, cilantro, and tangy bbq sauce.

LOCALS BURRITO \$7

Organic potatoes, organic beans and brown rice, grilled onions, sour cream, and red or green salsa. ****Please specify black or refried beans, and red or green salsa

ORGANIC VEGGIE BURRITO \$8

Grilled organic veggies, organic beans and brown rice, guacamole, and red or green salsa. ****Please specify black or refried beans, and red or green salsa

*LOW CARB OPTION – GET YOUR BURRITO IN A BOWL!

Burgers/Sandwiches

SEABIRDS BURGER \$6

Our homemade nut & seed patty topped with lettuce, tomato, onion, pickles, and our seabirds sauce, served on a whole wheat bun.

BBQ BURGER \$6

Our Seabirds Burger BBQ Style: with grilled onions, lettuce, tomato, pepperoncinis, vegan mayo and tangy bbq sauce

THE BELLA \$8

Marinated & grilled portabella, lettuce, tomato, caramelized onion and pesto mayo on toasted sourdough.

Organic Vegan Cupcakes \$3.75 (available @the truck)- sorry no cupcakes today

Various Drinks \$1-\$3