

Sandwiches

Turkey Fig - \$5.50

Pulled turkey with Brie and balsamic fig jam, lettuce, and tomato served on whole grain bread.

Roast Beef Marmalade - \$5.50

Angus roast beef with red onion marmalade, tomato, provolone, and lettuce. Served on focaccia bread.

Roast Beef - \$5.50

Angus roast beef, sliced with swiss cheese, lettuce, tomato, and onion. Served on whole grain bread.

Roasted Turkey - \$5.00

Oven roasted sliced turkey breast with cheddar cheese, lettuce tomato, and onion. Served on whole grain bread.

Gluten Free Sandwich - \$6.50

Turkey or Veggie available daily however quantities are limited each day.

Chicken Salad Sandwich - \$5.00

Oven baked chicken breast with dried fruits, nuts, green onions, celery, and special seasonings. Served on a Ciabatta bun.

Veggie Spinach – \$5.50

Shredded carrot, mushroom, bell red pepper, lettuce, tomato, onion and provolone with spinach artichoke spread. Served on focaccia bread.

Veggie Fig– \$5.50

Homemade balsamic fig jam with brie and roasted Portobello mushroom. Served on whole grain bread.

Turkey Pastrami – \$5.00

Peppered turkey pastrami with provolone, lettuce, tomato and onion. Served on a ciabatta bun.

Ham - \$5.00

Honey ham with swiss cheese, lettuce, tomato, and onion. Served on whole grain bread.

All sandwiches and Salads served with a choice of chips.

Salads

Mixed Greens Salad-\$5.00

Mixed greens, seasonal berries, feta, red bell pepper, red onion, cucumber, tomato and candied nuts. Includes balsamic vinaigrette dressing on the side.

Greek Salad-\$5.50

Crisp romaine, pepperocini, olives, artichokes, feta, garbanzo beans, cucumber, and tomato. Includes asiago lime dressing on the side.

Mexi-Cobb Salad-\$5.00

Romaine Lettuce, Corn, Black Beans, Red Bell Pepper, Shredded Carrot, Cheddar Cheese, Green Onions, and Hard Boiled Egg. Includes Avocado Ranch on the side.

Chicken Salad-\$6.50

Seasonal chicken salad over mixed greens with cucumber, tomatoes, candied nuts and fresh fruit. Includes balsamic vinaigrette on the side.

For The Kids

P.B. & Strawberry - \$5.00

Peanut butter and strawberry jelly on Texas Toast.

P.B., Nutella, Banana-\$5.00

Peanut butter, Nutella, and fresh bananas on Texas Toast.

Sweets and Snacks

Banana or Zucchini Bread - \$1.00

Cookie-\$1.00 (Gluten Free \$1.25)

Cinnamon Roll -\$2.00

Donuts - \$0.75

Granola - \$1.50

4 oz. package contains coconut, cashews, almonds, raisins, oats. (Gluten Free)

Muffin-\$2.00

Oatmeal Fruit Bar - \$1.25

Fresh Fruit - \$1.00

Chips - \$0.75

OVER FOR DRINK MENU

Espresso Drinks

Espresso- \$1.00/\$1.50/\$2.00

(Single, Double or Triple Shot)

Americano- \$1.00/\$1.50/\$2.00

(Espresso and Hot Water)

Café Latte- \$2.00/\$2.50/\$3.00

(Espresso and Steamed Milk with ¼ Milk Froth)

Flavored Café Latte- \$2.50/\$3.00/\$3.50

(Café Latte with the flavor of your choice)

Café Mocha- \$2.00/\$2.50/\$3.00

(Espresso, Steamed Milk, and Chocolate with Whipped Cream)

Flavored Café Mocha- \$2.50/\$3.00/\$3.50

(Café Mocha with the Flavor of Your Choice)

Cappuccino- \$2.00/\$2.50/\$3.00

(Espresso with 1/3 Steamed Milk and 1/3 Milk Froth)

Skinny Drinks

Substitute whole milk
with Skim or Soy Milk

Add a Shot of Espresso-\$0.50

Add a Flavor-\$0.50

Caramel-Coconut-Cinnamon-Peppermint-Hazelnut-
Raspberry-Irish Cream-Blackberry-Macadamia Nut-
Vanilla-Sugar Free Vanilla

Fresh Roasted Coffee

House Coffee- \$1.00/\$1.50/\$2.00

House Decaf- \$1.00/\$1.50/\$2.00

Café Au Lait- \$1.25/\$1.75/\$2.25

(House Coffee with Steamed Milk.)

Bottled Drinks

Dasani Water 20 oz- \$1.00

Tropicana Apple Juice 10 oz- \$1.00

Tropicana Orange Juice 10 oz- \$1.00

Coffee Alternatives

Hot Chocolate- \$2.00/\$2.50/\$3.00

Peppermint Hot Chocolate- \$2.00/\$2.50/\$3.00

White Hot Chocolate- \$2.00/\$2.50/\$3.00

Chai Latte- \$2.00/\$2.50/\$3.00

Mighty Leaf Tea - \$2.00 (\$1.25 bag)

Black

- Organic Breakfast
- Organic Earl Grey

Green

- Mountain Spring Jasmine
- Organic Horjicha

White

- White Orchard

Herbal

- Organic African Nectar
- Organic Mint Melange

Cold Drinks

Fountain Drinks - \$1.25 20 oz/\$2.00 32 oz

(Coca-Cola, Coke Zero, Diet Coke, Sprite,
Dr. Pepper, Barq's Root beer)

Iced Black Tea - \$1.25 20 oz/\$2.00 32 oz

Iced Toddy Coffee \$2.50

Cold brewed coffee with milk.

Iced Coffee \$1.50

House coffee over ice.

Iced Mocha-\$2.50

Iced White Mocha – \$2.50

Iced Latte – \$2.50

Iced Chai – \$3.00

Mocafe Frappe – \$3.00

Regular or Tahitian Vanilla

Smoothies – \$3.00

(Peach, Strawberry, Colada, Wild Berry, Mango,
Strawberry/Banana)