

# Flamez

## GRILL



*"Where good food and  
good people come together"*

**Breakfast ♦ Lunch ♦ Dinner**

# Breakfast

All breakfasts come with hash browns and toast. Served all day.  
Egg beaters available upon request.

## ***The Eye Opener*** 6.95

2 farm fresh grade A eggs, served any way you like them.

## ***The Hearty Breakfast*** 8.95

4 bacon, 4 sausage, ham steak or corned beef hash and 2 eggs

## ***Joe's San Francisco Special*** 10.95

Combination of scrambled eggs, spinach, onions, mushrooms,  
ground beef and cheddar cheese.

## ***Southern Favorite*** 9.95

Biscuits topped with country gravy served with 2 eggs cooked to  
order and 2 strips of bacon or 2 link sausages. No toast.

## ***New York Steak and Eggs*** 12.95

## ***Country Fried Steak*** 10.95

A country fried steak topped with country gravy,  
served with 2 eggs cooked to order and a biscuit.

## ***Breakfast Burrito*** 9.95

Soft flour tortilla stuffed with scrambled eggs, bacon or sausage, cheddar and  
jack cheese, diced tomatoes and green onions. Served with shredded lettuce,  
our homemade salsa, sour cream, guacamole and jalapeños. No toast.

## ***EGGS BENEDICT***

### ***The Classic ~ Grilled Canadian Bacon*** 10.95

### ***The Florentine ~ Spinach, Bacon and Grilled Tomato*** 10.95

# Sides

***Bacon, Sausage or Ham Steak*** 4.50

***One Large Ranch Egg*** 1.75

***Buttered Toast or English Muffin*** 1.75

***Biscuits and Gravy*** 5.95

***Fruit Cup*** 4.95

***Hash Browns*** 3.95

## *The Sweet Side*

Add banana and whipped cream for \$2.00

### ***The Belgian Waffle*** 6.95

Served with butter, powdered sugar and maple syrup.

### ***French Toast*** 6.95

Served with powdered sugar, butter and syrup.

### ***Buttermilk Pancakes*** 6.95

2 Pancakes served with butter and syrup.

### ***Breakfast Combo*** 8.95

Your choice of waffle, French toast or pancakes and 2 eggs  
with your choice of 2 sausage or 2 bacon.

### ***Bananas Foster French Toast*** 9.95

Fresh bananas sautéed in butter, vanilla, brown sugar, and a dash of brandy

## *Three Egg Omelettes*

All omelettes come with hash browns and your choice of toast.

Served all day. Egg beaters available upon request.

### ***Spanish Omelette*** 9.95

A Spanish style creation. Stuffed with zesty beef and cheddar cheese.  
Topped with diced tomatoes, homemade salsa, guacamole, sour cream,  
green onions and jalapeños. Served on a bed of shredded lettuce.

### ***Cheese Omelette*** 7.95

Swiss, cheddar and jack cheese.

### ***Ham and Cheese Omelette*** 8.95

Ham, Swiss and cheddar cheese.

### ***Bacon, Cheddar Cheese and Avocado Omelette*** 8.95

### ***Vegetable Omelette*** 8.95

Swiss and cheddar cheese, sautéed mushrooms, onions and bell peppers.  
Topped with tomato slices, sour cream and chopped green onions.

### ***Denver Omelette*** 9.25

Ham, sautéed onions and bell peppers topped with cheddar cheese.

### ***Florentine Omelette*** 8.95

Swiss and cheddar cheese, sautéed onions and spinach,  
topped with tomato slices and sour cream.

### ***Chili Omelette*** 8.95

*Filled with chili, avocado, cheddar and jack cheeses topped with red onions.*

# *Firestarters*

## ***Sampler*** 12.95

Chicken tenders, onion rings, potato skins and mozzarella sticks, served with ranch dressing.

## ***Hot Wings*** 8.95

Served with celery and ranch dressing

## ***Fried Calamari*** 10.95

Served with cocktail sauce

## ***Mozzarella Sticks*** 8.95

Breaded mozzarella cheese sticks, served with ranch dressing.

## ***Loaded Potato Skins*** 8.95

Loaded potato skins filled with melted cheddar and jack cheese, topped with bacon bits and green onions. Served with ranch dressing.

## ***Chicken Tenders and Fries*** 9.95

Deep fried breaded filets of chicken, served with fries and ranch dressing.

## ***Chicken Quesadilla*** 9.95

A Flour tortilla stuffed with grilled chicken, jack and cheddar cheese, tomatoes and green onions. Served with homemade salsa, sour cream and guacamole.

*Add vegetables (sautéed onions, bell peppers and mushrooms)* 2.00.

## ***Nachos Supreme*** 9.95

Cheddar cheese sauce melted over refried beans, zesty ground beef, tortilla chips, topped with homemade salsa, green onions, shredded cheddar cheese, diced tomatoes, guacamole, sour cream and jalapeños.

## ***Steamed Vegetables*** 4.95

## ***Bowl of Chili*** 5.95

Topped with cheddar cheese and red onion

## ***French Fries*** 4.95

Add chili and cheese for 2.50

## ***Garlic Fries*** 5.95

## ***Sweet Potato Fries*** 5.95

## ***Beer Battered Onion Rings*** 6.95

## ***Deep Fried Pickles*** 7.95



# *Sandwiches*

Choice of French Fries, Potato Salad or Pasta Salad.  
Add Homemade Soup or Garden Salad for only 1.95.

Add a Caesar Salad for 2.50  
Substitute sweet potato fries for 1.00

## ***The Flamez Melt*** 10.95

Turkey, ham, avocado, Swiss cheese and tomato on grilled sourdough.

## ***Turkey, Ham, or Tuna Sandwich*** 8.95

Turkey, ham or tuna with lettuce,  
tomato and mayonnaise, served on rye.

## ***BLT*** 8.95

On white toast (*with avocado add 1.95*)

## ***Tuna Melt*** 8.95

Tuna salad, sliced tomatoes and melted Swiss cheese,  
served on grilled whole wheat.

## ***The Vegetarian*** 8.50

Lettuce, tomato, sprouts, avocado, cucumber, and red onion,  
served on whole wheat toast.

## ***The Reuben*** 9.95

Fresh corned beef, Swiss cheese, 1000 island dressing  
and sauerkraut on grilled rye bread.

## ***New York Steak Sandwich*** 13.95

Broiled NY steak with sautéed onions and mushrooms  
on a grilled french roll.

## ***The French Dip*** 9.95

Thin sliced tri-tip on a french roll, served with au jus.

## ***Grilled Cheese*** 6.95

American cheese and tomato on sourdough bread,  
grilled with garlic butter and Parmesan cheese.

## ***Blackened Chicken Sandwich*** 9.95

Grilled, blackened chicken with melted Swiss cheese, lettuce,  
tomato, red onions and mayonnaise on a bun.

# More Sandwiches

## **Club House Sandwich 9.95**

Bacon, thinly sliced turkey breast, lettuce, tomato and mayonnaise, served on white toast. A classic triple decker.

## **Cattleman BBQ 10.95**

Tri tip topped with barbecue sauce, grilled onions and melted swiss cheese on a french roll.

## **Spicy Buffalo Chicken Sandwich 9.95**

Buffalo chicken dipped in spicy buffalo sauce, served on a French roll with lettuce and tomato.

## **BBQ Pulled Pork Sandwich 9.95**

Savory roasted pork, covered in our special spices with BBQ sauce and crisp onion strings served on a bun.

# Wraps

## **Ranch Crispy Chicken Wrap 9.95**

Crispy chicken strips, shredded lettuce, tomato, avocado, and ranch dressing wrapped in a chili tomato basil tortilla.

## **Turkey Pesto Wrap 9.95**

Turkey, lettuce, tomato, red onion, pesto sauce, avocado and Swiss cheese wrapped in a warm tortilla.

## **Cobb Wrap 9.95**

Thinly sliced turkey and ham with avocado, cheddar, jack and bleu cheese, crisp bacon, tomato, shredded lettuce and mayonnaise wrapped in a flour tortilla.

## **Burrito Grande 8.95**

A burrito with your choice of chicken or zesty beef, jack and cheddar cheese, cilantro, rice, onions, refried beans and jalapeños. Served with guacamole, sour cream and homemade salsa.

# *Flame-Broiled Burgers*

Pure 1/2 lb. Angus ground beef flame-broiled. Served with Lettuce, Tomato, Pickle, Onions, Mayonnaise and choice of French Fries, Potato Salad or Pasta Salad. Substitute sweet potato fries for 1.00  
Add Homemade Soup or Garden Salad for only 1.95. Add Caesar Salad for 2.50

## ***The Monster*** 12.50

Fresh ground 1 lb. burger with American cheese and bacon on a French roll.

## ***Classic Cheeseburger*** 8.95

Add bacon or avocado for 1.95

## ***Gardenburger*** 9.50

All natural veggie patty topped with pepper jack cheese and fresh avocado.  
Served on a hamburger bun.

## ***Jay Jay Burger*** 10.95

With sautéed onions, mushrooms, bacon and Swiss cheese.

## ***Jordan Burger*** 10.95

Bacon, avocado, monterey jack cheese and  
1000 Island dressing. No mayonnaise.

## ***Blue Cheeseburger*** 9.50

Topped with bleu cheese crumbles and crisp bacon.

## ***Patty Melt*** 8.95

On grilled rye bread with sautéed onions and American cheese. No mayonnaise.

## ***Pesto Swiss Burger*** 9.95

A flame broiled burger topped with natural swiss cheese and pesto sauce.

## ***Backyard BBQ Burger*** 9.95

Say howdy to a bold burger. Topped with onion strings, bacon,  
barbecue sauce and jack & cheddar cheese.

## ***Flame Thrower Burger*** 9.95

Topped with jalapeño peppers, onion strings and pepperjack cheese.

## ***Chili Burger*** 10.95

Open faced burger, topped with chili & red onions.

## ***Sunshine Burger*** 10.95

Burger patty with bacon, cheese & fried egg

## ***Grilled Cheese Burger*** 12.95

A flame broiled burgers with bacon and all the toppings  
sandwiched between two grilled cheese sandwiches.

# ***Fresh Salads***

## ***Spinach Salad 11.95***

Fresh spinach leaves with grilled chicken, candied walnuts, bleu cheese and apples.

## ***The Cobb Salad 12.95***

Greens with turkey, ham, avocado, bleu cheese crumbles, bacon, tomatoes, green onions, cucumbers, carrots, cheddar cheese, and a hard boiled egg.

## ***Blackened Chicken Salad 11.95***

Greens topped with a blackened chicken breast, sliced hard boiled egg, carrots, cucumbers, green onions, tomatoes and shredded cheddar cheese.

## ***California Citrus Salad 11.95***

Mixed greens topped with chicken breast, apples, walnuts, dried cranberries, bleu cheese crumbles and mandarin oranges.  
Served with raspberry vinaigrette dressing.

## ***Crispy Chicken Salad 11.95***

Chicken tenders, shredded lettuce, bacon bits, tomatoes, chopped egg, cheddar & jack cheese and crisp tortilla strips.

## ***Sonoma Valley Salad 11.95***

Crispy greens, avocado, bacon, sweet dates, raisins, onions, feta cheese, candied walnuts, sliced chicken breast, topped with balsamic vinaigrette dressing.

## ***Caesar Salad 8.95***

Crisp romaine tossed with garlic and anchovy dressing, croutons and Parmesan cheese.  
Add chicken 3.00

## ***Bay Shrimp Salad 12.95***

Greens, tomato, avocado, cucumbers, hard boiled egg, shredded cheddar cheese, carrots and lemon wedge, topped with baby shrimp.

## ***Tuna Salad 10.95***

Mixed greens with tuna, tomatoes, cucumbers, hard boiled egg, cheddar cheese, carrots, green onions and lemon wedge.



# Entrees

Served with Homemade Soup or Salad

## ***Enchiladas*** 12.95

Corn tortillas filled with chicken or zesty beef and refried beans, smothered with tangy enchilada sauce, melted cheddar & jack cheese. Topped with diced tomatoes, green onions, sour cream, jalapeños, chips and guacamole. Salsa served on the side.

## ***Petite NY Steak*** 14.95

Seasoned 8 oz. NY strip steak, topped with sautéed mushrooms.  
Served with fresh vegetables, onion strings and your choice of potato.

## ***NY Steak and Garlic Shrimp*** 16.95

Tender NY strip steak with seasoned garlic prawns.  
Served with your choice of potato and vegetables.

## ***Country Fried Steak*** 13.95

A generous portion of pounded beef, breaded and deep fried to a golden brown and topped with country gravy. Served with fresh vegetables and mashed potatoes.

## ***Chicken Parmigiana*** 13.95

A parmesan coated chicken breast grilled and topped with marinara sauce and mozzarella and served with spaghetti.

## ***Lemon Chicken*** 14.95

Two chicken breasts charbroiled with lemon herb sauce.  
Served with fresh vegetables and choice of rice or potato.

## ***Chicken Pesto*** 13.95

Penne pasta with creamy pesto sauce and Parmesan cheese,  
topped with a breast of chicken encrusted in Parmesan cheese.

## ***Chicken Royale*** 13.95

Chicken breast lightly breaded and sautéed to a crispy golden brown.  
Served with lemon cream sauce, fresh vegetables and choice of rice or potato.

## ***Beer Batter Fish and Chips*** 13.95

Lightly breaded fish fillets, deep fried to a golden brown,  
served with tartar sauce, and french fries.

## ***Garlic Noodles*** 11.95

Linguini, mushrooms, broccoli, sundried tomatoes and parmesan  
in a delicious garlic sauce. Add chicken for 2.95

## ***Homemade Meatloaf*** 12.95

Served with fresh vegetables, mashed potato and gravy.

## ***Grilled Salmon*** 14.95

Served with asparagus and your choice of rice or potato. Cajun style also available.

# Beverages

Free refills on coffee, teas and soft drinks.

<i>French Roast Coffee, Decaf or Hot Teas</i>	2.25
<i>Fresh Brewed Iced Tea, Raspberry Tea, Soft Drinks, Lemonade</i>	2.75
<i>Shirley Temple, Arnold Palmer, Roy Rogers Milk</i>	2.50
<i>Juice - Orange, tomato, cranberry or apple.</i>	3.50
<i>Thick, cold milkshakes</i>	4.95
<i>Root beer Float</i>	3.95

# Wines

## WHITE

<i>Mimosa.....</i>	5.00
<i>Champagne.....</i>	5.00
<i>Chardonnay.....</i>	5.95
<i>Sauvignon Blanc .....</i>	6.00
<i>Pinot Grigio .....</i>	6.00
<i>White Zinfandel.....</i>	4.95

## RED

<i>Pinot Noir.....</i>	5.95
<i>Merlot .....</i>	6.00
<i>Zinfandel.....</i>	6.25
<i>Cabernet.....</i>	5.95

Not all ingredients are listed in the menu. Please let your server know if you have any food allergies.  
Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase risk of food borne illnesses.

For your convenience, an 18% gratuity is added to all parties of 7 or more. Tips are discretionary. Sales Tax will be added to the retail price on all taxable items. No checks please! We are not responsible for lost or stolen articles.  
We have the right to refuse service to anyone. Thank you!

# Beer

4.50 ON TAP

*Trumer Pilsner*

*Hemp Ale*

*Widmer Hefeweizen*

*Shock Top*

*Stella Artois*

*Lagunitas IPA*

3.50 BOTTLES

*Miller Lite*

*Coors Light*

*Budweiser*

*Bud Light*

4.00 BOTTLES

*Heineken*

*Racer 5*

*Sam Adams*

*Sam Adams Light*

*Sierra Nevada*

*Corona*

*Guinness*

*New Castle*

*Blue Moon*

## Happy Hour

*Every Day 3-6pm*

*Bottles 50¢ Off   Tap 1.00 Off   Wines 1.00 Off*

### APPETIZERS

*Garlic Fries..... 4.95*

*Cheese Quesadilla..... 4.95*

*6 pc Hot Wings ..... 4.95*

*Nachos..... 5.95*

*Chips and Salsa..... 3.95*

*3 pc Chicken Tenders & French Fries..... 5.95*

# Desserts

## ***Gourmet Chocolate Cake*** 4.95

Sinfully chocolate four layer chocolate cake filled and iced with a rich chocolate ganache

## ***Lemon Shortcake*** 4.95

Clouds of fluffy cream nestle up to glistening sunny yellow three scrumptious layers of exquisitely moist shortcake decorated with our own dairy fresh whipping cream and tangy lemon preserve.

## ***Homemade Carrot Cake*** 4.95

Four delicious layers of moist cake loaded with shredded carrots, raisins, and crushed pineapple, finished with a real cream cheese icing and garnished with pecans.

## ***Lemon Meringue*** 4.95

Sweet smooth lemon filling topped with fluffy white peaks of meringue – the perfect dessert for any meal!

## ***Apple Cobbler*** 4.95

Fresh apples bursting with flavor, blended together upon a wholesome oatmeal crust and a traditional crunchy golden crumble, topped with rich vanilla ice cream.

## ***Apple Pie*** 3.95

## ***Ice Cream*** 2.95

2 Scoops of Chocolate or Vanilla

## ***Hot Fudge Sundae*** 3.95

## ***Mud Pie*** 4.95

Rich chocolate cake with vanilla and coffee ice cream, chocolate syrup, whipped cream and nuts.





**2 FOR \$20**

**(Every Day)**

**1 Appetizer + 2 Entrees for \$20**

**CHOOSE 1 APPETIZER TO SHARE**

*Beer Batter Onion Rings*

*Potato Skins*

*Calamari*

*Buffalo Wings*

*Soup for 2*

**CHOOSE ANY 2 ENTREES**

*Beer Batter Fish & Chips*

*Fettucini Alfredo*

*Lemon Herb Chicken*

*Pasta Marinara*

*Homemade Meat Loaf*

*Petaluma Chicken*

*Ground Steak*

*Chicken Caesar Salad*

**NO SUBSTITUTIONS.**

*Price does not include beverages, tax or gratuity.*

*Not Valid with any discount or any other offers.*

*Portions are smaller than normal menu items*

# *Sizzling Kids Menu*

*For our friends under 10*

## *Breakfast*

*Jr. Bacon or Sausage & Eggs 4.95*

*Jr. Pancake with bacon or Sausage 4.95*

*Jr. French Toast 4.95*

## *Entrees*

*Mac & Cheese 4.95*

*Corn Dog & Fries 4.95*

*Grilled Cheese & Fries 4.95*

*Chicken Nuggets & Fries 5.95*

*Cheeseburger & Fries 5.95*

## *Drinks & Treats*

*(No refills)*

*Milk 2.00*

*Soft Drinks 2.00*

*Juice 2.00*

*Ice Cream 2.00*