# CHEF'S SUMMER MENU APPETIZERS

# WHITE BEAN AND TOMATO SOUP 8 STAY OF IT

Toasted Fennel and Fresh Basil

# ROASTED CHICKEN TORTILLA SOUP 8 STAY & FIT

Avocado and Pico de Gallo

# PACIFIC CRAB CAKE 14

Pacific Wild Caught Crab, Chipotle Aioli, Avocado Relish, Plantain Chips and Citrus Micro Salad

# LOCAL FARMS CHEESE TASTING 12

Artisan Local Cheese, Candied Pecans, Fruit Compote, Wild Honeycomb

# MOZZARELLA BRUSCHETTA 7

Toasted Ciabatta Basil Oil, Balsamic Reduction

# JUMBO LIME SHRIMP 13

Grilled to Order, Roasted Corn Guacamole, Fresh Cilantro, Warm Tortilla Chips

# GRILLED CHICKEN QUESADILLA 14

Cheddar, Mozzarella and Monterey Jack, Served with Salsa, Guacamole, and Sour Cream

# SOY GINGER AHI TARTARE 14

Sushi Grade Ruby Red Ahi, Ripe Tomato, Fresh Avocado, Chive, Spicy Aioli, Crispy Tortilla Chips

# IN SEASON SALADS

# CAESAR 12

Chopped Romaine Lettuce, Traditional Dressing, Fresh Parmesan, White Anchovy Warm Garlic Crouton. Add Chicken \$4, Add Shrimp \$5, Add N.Y Steak \$8

# SANTA MARIA FRIED GREEN TOMATO 12

Crispy Green Tomatoes, Fresh Avocado, Cucumber Roasted Corn Salad and Spicy Aioli

# SONOMA GOAT CHEESE AND BABY SPINACH 13

Goat Cheese, Cherries, Strawberries, Spinach, Candied Pecans, Raspberry Vinaigrette

# SUMMERLAND HEIRLOOM TOMATO CAPRESE 12

Fresh Mozzarella, Basil Oil, Vine Ripe Tomato, Baby Arugula, Herb Croutons and Aged Balsamic

#### TRADITIONAL COBB 14

Grilled Chicken, Smoked Bacon, Egg, Avocado, Bleu Cheese and Tomatoes, Lemon-Dijon Dressing

#### ORANGE HONEY GLAZE SALMON 15

Atlantic Farm Raised Salmon, Baby Spinach, Local Citrus, Asparagus, Almonds, Pimentos, Citrus Vinaigrette

# ANCHO RUBBED AHI 15 STAY @ FIT

Sushi Grade Ahi, Ancho Rubbed, Avocado, Watercress, Mango Wasabi Dressing

# FLAT BREAD PIZZAS

\*All PIZZAS COME WITH YOUR CHOICE OF SIDE SALAD\*

# HEIRLOOM MOZZARELLA BASIL 12

Caramelized Onion, Sliced Tomato, Basil, Mozzarella, Shaved Parmesan Add Pepperoni, Chicken, Sausage or Prosciutto for \$3

# MUSHROOM & THREE CHEESE 15

Prosciutto, Goat Cheese, Pecorino, Fontina, Fresh Basil, Truffle Oil

# HOUSE CREATIONS

\*ALL SANDWICHES SERVED WITH YOUR CHOICE OF SIDE\*

# ALBACORE PANINI 12

White Albacore Tuna, Sourdough Bread, Tomato, Chipotle Aioli, Avocado, Provolone

# ROASTED CHICKEN BRIE PANINI 12

Grilled Chicken on Ciabatta, Sliced Tomato, Fresh Basil, and Herb Spread

# S.B CLUB 13

Shaved Turkey, Smoked Bacon, Swiss, Avocado, Chipotle Mayo

# WHOLE WHEAT SPAGHETTI 12 STAY @ FIT

Portobello Bolognese, Asiago Cheese, Scarborough Farm Tomatoes and Spinach

#### THE TRIO 13

Chefs Soup Creation, Ceasar or Baby Mix Greens, Half a Turkey Club on Sourdough

#### BAJA FISH TACOS 14

Pacific Tilapia, Shredded Red Cabbage, Chipotle Lime Aioli, Corn Tortillas, Pico de Gallo Served with a Cup of Beans and Rice

# MEYER NATURAL ANGUS BURGER 14

Aged White Cheddar, Horseradish Sauce, Onion Jam, Brioche Bun, French Fries

# PACIFIC TILAPIA SANDWICH 13

Roasted Pacific Tilapia, Butter Lettuce, Tomato, Fried Capers, Tartar Sauce, on a Ciabatta

# SMOKED CHICKEN PENNE 13

Oven Roasted Tomatoes, Caramelized Onion, Basil, Parmesan, Lemon Zest and Goat Cheese

# CEDAR PLANK B.B.O SALMON 20

Atlantic Salmon Filet, Balsamic B.B.Q Glaze, Ricotta Ravioli, Summer Squash Ratatouille, Grilled Asparagus

#### ROASTED LOCAL SEA BASS 22

Sustainable Sea Bass, White Bean Ragu, Local Olives, Roasted Tomatoes and Sautéed Spinach

# SIDES \$5 EACH

French Fries, Beer Battered Onion Rings, Seasonal Fruit, Cup of Soup, Side Caesar, or Baby Greens Salad