

BAR-B-Q & STEAK CO.



Hey Folks...

We aren't a chain and we don't have corporate ladders - We're regular ol' fellas just like you. We grew up walking barefoot down shell rock roads. We fed the animals in the mornings before we went to school on the bus. We've all broken a window while playin' baseball!

We're just a bunch of Florida boys tryin' to make a livin'. We have worked hard all of our lives. We've always loved to BBQ, so We got together and decided to do what we love- we hope you enjoy!

Jim McCoin, Founder

Join the Cattle Hands Loyalty Club! Get A Free Appetizer!

FREE Birthday Dinner for Registered Members 1 point for every \$1 Spent
100 Points gets a \$10 Reward. 100 Points gets a 3 10 Reward. 20% Off Menu 2 - 4 pm Weekdays.

> KIDS EAT FREE!

EVERY WEDNESDAY! 5pm-8pm

Cattle Hands Loyalty Club! COME TO COMBOYS ON YOUR BIRTHDAY! Your Meal is on Us!

ard Winning BRO

eaks a Cowboy would be proud of

Abblers

GOLDEN CORN NUGGETS

Golden fried sweet cream corn clusters served with our signature Cowboys' Fire sauce. \$6.79

SOUTHERN STYLE GREEN BEANS

Green beans dipped in buttermilk then lightly dusted and deep fried. Served with our creamy chipotle ranch dressing. \$6.79

FRICKLES

Crispy breaded fried dill pickle spears served with chipotle ranch dressing. They're kinda like those potato chips you ain't gonna eat just one - just a warning. \$6.96

FRIED GREEN TOMATOES

Cornmeal breaded and crispy fried served with Cowboys' Ranch sauce. \$6.96

FRIED MOZZARELLA CHEESE STICKS

Six golden, breaded mozzarella sticks, crunchy outside, creamy inside with Marinara dipping sauce. \$6.79

OKEECHOBEE GATOR TAIL

We bread this with Everglades Seasoning and we serve only gator TAIL . . . we leave the rest of the gator for our competition! Served with our signature Cowboys' Fire sauce. \$8.99

SMOKED FISH SPREAD

Tuna slow-smoked over hardwood – served with jalapeños, crackers and hot sauce. \$7.99

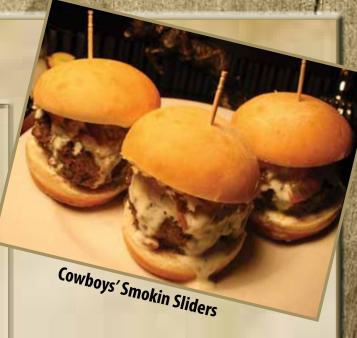
FRIED PORTABELLA MUSHROOMS

We take fresh Portabella Mushrooms drop 'em down in buttermilk throw some cowboys seasoning on them and dust them in flour, golden fry them and serve them up with creamy Horseradish sauce. \$6.99

THE COWBOYS TRIPLE

Choose from three smaller portions of the above items.





COWBOYS' SMOKIN' SLIDERS

Three Miniature Sandwiches Choose from one of the following:

BBQ Pork topped with cole slaw and our tasty BBQ sauce. \$6.99

Cheeseburger Bites served with grilled diced onions, American cheese and Cowboys' Ranch sauce. \$6.99

Country Fried Chicken Bites served with grilled diced onions, pickle slice, American cheese and chipotle ranch sauce. \$6.99

BBQ GARBAGE FRIES OR NACHOS

A delicious mess of seasoned waffle fries or warm tortilla chips topped with our slow-smoked BBQ pork, bacon, Cheddar cheese, cole slaw and jalapeños. \$ 9.79

SOUTHWEST QUESADILLAS

A tortilla stuffed with your choice of pork, beef, steak or chicken and a generous portion of melted Cheddar cheese. Served with jalapeños, sour cream, and salsa on the side. \$8.99
*(for Steak choice add \$1.49)

Cowboys' Egg Rous

No we aren't kidding ...
we made this while competing in the
BBO circuit!

A BBQ team named BUBBA CHUCKS and my team BIG DADDY Q were always cookin' and tryin' different things. One day we fried a flour tortilla stuffed with our BBQ pork, then we put cole slaw in it. (Ya know pork and cole slaw are good together!) We later thought of using a real Chinese egg roll wrapping, so we stopped by a local restaurant and begged for some wrappers. This is what we came up with...enjoy! \$8.79

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STEAK SALAD

Steak tenderloin tips (cooked to order) over a bed of spring lettuce mix with tomatoes, cucumbers, Cheddar cheese, onion and croutons. \$10.75

GRILLED CHICKEN OR SHRIMP CAESAR SALAD

Fresh romaine tossed with Parmesan cheese & croutons, then topped with a grilled chicken breast or a skewer of 6 shrimp. \$9.99

BUFFALO CHICKEN SALAD

Breaded boneless chicken breast drenched with our buffalo sauce served over fresh romaine tossed with Parmesan cheese, cucumbers, tomatoes and Cowboys' Ranch dressing. \$9.79

BBQ SALAD

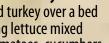
Pork, brisket, or chicken over a bed of spring lettuce mix with tomatoes, cucumbers, Cheddar cheese, onion and croutons. \$9.79

SIDE SALAD

Garden Salad or Caesar Salad. \$3.99

Add 6 Grilled Shrimp \$5

All salads are served with your choice of the following dressings on the side: Ranch, Bleu Cheese, Honey Mustard, Thousand Island, Italian, French, low-fat Burgundy Vinaigrette.



Smoked turkey over a bed of spring lettuce mixed with tomatoes, cucumbers, Cheddar cheese, onion, craisins, fresh fruit, candied pecans and croutons. \$11.68

SMOKED TURKEY

IMPERIAL SALAD

A Superb Cowboys' Creation!







\$3.99

PIPING HOT FRENCH ONION DOWN HOME TURKEY GUMBO HEAVENLY LOBSTER BISQUE



PIG IN A POTATO

Kinda like a pig in a blanket or a stuffed potato. We put so much of our award winning pork in this Tater we have to split it open. Topped with sour cream, bacon bits, green onions and a handful of Cheddar cheese. \$7.99

POTATOES IN HEN HOUSE

We are goin' to cut open a hot baked Tater, fill it with pulled BBQ chicken, cover that chicken with our best Mozzarella cheese and for that extra kick we add caramelized onions and mushrooms. Get a mint on the way out. \$6.99

TEXAS STYLE TATER

My ol' buddy Bubba from Texas, the same guy that talked me into fryin my corn on the cob, told me about this Tater recipe and I had to try it. We start with a hot potato, slice it wide open, add some BBQ brisket and a slice of crumbled bacon . . . throw on some Pepper Jack cheese and jalapeños are added with some green onions atop! If you're scared, say you're scared! \$7.49



GOBBLING TATER

Smoked turkey with Swiss cheese, some steamed broccoli, and sauteed mushrooms with a side of sour cream. \$7.99

GRILLED CHICKEN TATER

Sliced grilled chicken breast with Mozzarella cheese and bacon bits. Butter and sour cream served on the side. \$7.99

CHEESE STEAK TATER

You'll be talking about this in the mornin' ... Prime Rib, grilled onions and peppers, melted Mozzarella all stuffed in this tater... Southern style cheese steak! \$8.79

Sandwiches

The items below include your choice of one of the following sides:

Seasoned waffle fries, crispy steak fries, crinkle cut sweet potato fries (add 50c), southern green beans, mashed red skin taters, potato salad, mac 'n cheese, country cole slaw, bunk house BBQ beans, sweet & spicy collards,

crunchy yellow onion rings, fresh fried okra All of the items below are served on your choice of kaiser roll, garlic bread or wrap.

Add bacon to any sandwich \$1.49



AWARD WINNING PULLED PORK SANDWICH

We rub Smithfield pork butts down with mustard, seasoned heavy with our own BBQ Rub and smoke them for 12 hours. We cook them fresh every day, then they are wrapped in foil and kept in the hot box until we pull it fresh for you.

Regular \$8.79 "Big Daddy" \$9.99

CERTIFIED PRIME RIB SANDWICH

Our prime rib is wet aged and well marbled. We slice it thin and pile it high. Au jus and horseradish sauce are served on the side. This is best on our Texas Toast garlic bread, gets a little messy though! \$9.79

PULLED BBQ CHICKEN SANDWICH

We use a boneless skinless thigh and breast for this. It's smoked for 2 hours and then pulled apart and served to you fresh. We don't pull a bunch ahead of time, just a little at a time to keep it fresh.

Regular \$7.99 "Big Daddy" \$8.49

BUFFALO CHICKEN SANDWICH

Breaded fried chicken breast drenched in our spicy buffalo sauce served with lettuce, tomato, shredded Cheddar cheese and Cowboys' sauce. \$8.79

TEXAS BRISKET SANDWICH

We use our special brisket rub from Luckenbach, Texas season these briskets. We smoke 'em for 12 hours 'til they turn a great mahogany, then we pull it against the grain and put it on your plate.

Regular \$9.29 "Big Daddy" \$9.99

COWBOYS' CHEESE STEAK

Seasoned beef brisket grilled with onions, bell peppers and smothered in melted Mozzarella cheese on a toasted hoagie roll. \$8.99

SMOKED TURKEY SANDWICH

Have you ever heard of cold smoking? No it's not when you smoke when it's cold out! No seasoning at all on this turkey! We cook our turkey at low temp on hickory until it reaches 165 degrees, then it goes to the hot box and like everything else, we only slice a little at a time so fresh turkey is put on your plate. Served with lettuce and tomato. Regular \$8.79 "Big Daddy" \$9.50



Thai Ginger flavored tortilla crispy chicken tossed in Sweet Thai Chili cheddar cheese and jalapenos.....oh no you didn't! \$7.99

RODEO BURGER WRAP

This isn't your average Wrap! We take our 100% ground beef, crispy bacon, shredded cheddar cheese and our famous onion rings, coat it all in our Gold BBQ Sauce and wrap it together with a BBQ Flavored tortilla. \$7.99

TEAM ROPING WRAP

We start with our award winning bbq pork, top it with Sweet BBQ Sauce, add some Shredded Cheddar Cheese and Onion Rings fold it all up tight in a BBQ flavored tortilla. \$7.99

TURKEY CLUB WRAP

Our tender smoked turkey with bacon, Cheddar cheese, lettuce, tomato and Cowboys' Ranch sauce. \$8.79

BEEF BRISKET WRAP

This one is a local favorite ... our smoked Texas brisket wrapped up with sautéed onions and shredded Cheddar cheese. \$9.29



Regular of Boneless



20 WINGS \$14.99

50 WINGS \$34.99

6 FINGERS \$5.99

Chicken Fingers





HAVE YOUR WINGS OR FINGERS TOSSED IN ONE OF OUR FLAVORS OF WING SAUCES!

BBQ Ranch Hawaiian **Bourbon**

Bootlegger

Buffalo HOT Buffalo MEDIUM Buffalo MILD Caribbean Jerk

Garlic Parmesan Gold Rush Honey Chipotle Honey Lime

Ranch Chipotle Rednexican **Spicy BBQ** Straight Hot

Hickory BBQ Sweet Thai Chili

Inferno **Nuclear**



ALL OF OUR JUICY HALF POUNDERS INCLUDE YOUR CHOICE OF ONE OF THE FOLLOWING SIDES:

Seasoned waffle fries, crispy steak fries, crinkle cut sweet potato fries (add 50c), southern green beans, mashed red skin taters, potato salad mac 'n cheese, country cole slaw, bunk house BBQ Beans sweet & spicy collards, crunchy yellow onion rings, fresh fried okra

Add .99 for 2 thick slices of American, Swiss, Pepper Jack, Mozzarella or Cheddar Cheese.

MONTEREY CHEESEBURGER

A char-grilled burger topped with melted Pepper Jack cheese, smoked bacon and BBQ sauce. \$8.99

SMOKEHOUSE BACON RANCH BURGER

Smoked bacon, melted Cheddar cheese, red onion and Cowboys' Ranch sauce on top of one of our juicy half-pounders. \$8.99



COWBOY BURGER

Our classic style burger... includes tomato, onion slice, lettuce and pickle slices. \$7.49

BLUE CHEESE BLT BURGER

Smoked bacon, lettuce, tomato, onion and Bleu cheese crumbles served atop a juicy ground beef patty. \$8.99

MUSHROOM SWISS BURGER

A seasoned burger with sautéed mushrooms, melted Swiss and mayo. \$8.79

"WHERE'S THE BEEF" PORTABELLA MUSHROOM BURGER

We left the burger out of this one and replaced it with two jumbo Portabella Caps seasoned and Fire Grilled then topped with grilled Red and Green Sweet Peppers, Onions & Mozzarella Cheese on a dusted Kaiser Roll . . . we know this aint the cowboy way but some pretty ladies talked us into this. \$9.49

JALAPEÑO BACON RANCH BURGER

Smoked bacon, Cheddar cheese, red onion and jalapeños - all stacked on a tasty tender beef burger. Served with Cowboys' sauce. \$9.49

About Our Ribs At Cowboys

"When Cowboys smokes its meat, the smoke produces a special pinkish color. Relax! Your meat is fully cooked."

MEMPHIS STYLE BABY **BACK RIBS**

Sweet and Sticky

1/2 Slab \$11.99 Full Slab \$17.99

KANSAS CITY ST. LOUIS STYLE RIBS

Loosen that belt boys!

1/2 Slab \$12.99 Full Slab \$19.99

Life is too short for a half slab!

Smithfield

Add 6 Grilled

Sint-ing

Served with your choice of 2 sides and garlic bread.



1/2 LIGHTLY

CHICKEN

DINNERS

Award Winning Pulled Pork \$9.99 Pulled BBO Chicken \$9.79 Smoked Juicy Turkey \$9.99 Texas Style Brisket \$9.99



AWARD WINNER

Fit for a Cowboy with a mighty rumblin' stomach! Generous portions of pulled pork, beef brisket, 1/4 chicken, and St. Louis ribs. \$15.99



These birds hit the smoker each day before sunrise, and get rave reviews from our BBQ lovin' fans. Seasoned and smoked just right . . .mmmm mmm. You'll be back for more. \$9.79





CRISPY CATFISH FINGER FILETS

Over a HALF POUND of Lake Okeechobee's famous catfish, deep fried to a crispy golden brown. Served with hush puppies. \$13.99

JUBILEE GRILLED SHRIMP

12 seasoned white shrimp lightly seared over an open flame. Served with garlic bread. \$14.79

GOLDEN DEEP FRIED SHRIMP

Over a HALF POUND of large white shrimp lightly breaded and deep fried to a golden brown. Served with hush puppies. \$14.79

FIRE GRILLED SALMON

8 oz. salmon filet cooked to a medium temperature over open flames . . . brushed with butter and lemon squeezed right on top just before we pull it off the grill. Served with garlic bread. \$14.79

GRILLED FRESH YELLOW TAIL SNAPPER

Carefully grilled yellow tail snapper basted with lemon butter. Served with a delicious homemade tartar sauce and garlic bread. \$16.35



Grilled Fresh Yellow Tail Snapper

All dinner plates are served with your choice of 2 sides.



Add Grilled

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South. Cowboys' Signature Steak is 32 oz's of hand cut boneless Top Sirloin goodness... Now that's a Steak! \$29.99

TOP SIRLOIN

What we were all raised on this boneless cut is known for its great flavor. 10 oz. \$15.99

COWBOYS COUNTRY FRIED SIRLOIN

Do you remember Momma's country fried steak? Real steak with country gravy? Have you noticed when you go into those chain restaurants they get everything from a box . . . frozen? Not at Cowboys! We hand batter this sirloin! 10 oz. \$11.99

NEW YORK STRIP

This is one of the juiciest and most flavorful steaks you will ever have. It has very little fat and is very tender. 10 oz. \$16.99

T-BONE

This fire grilled T-Bone is a juicy steak with hearty flavor. 22 oz. \$26.99

FILET MIGNON

This is the best cut of beef and it's especially good here! Medium rare is the way to go on this! 8 oz. \$21.99

PORK CHOP

Don't think your gonna just get a regular ol' pork chop. No! Not here at Cowboys. We are gonna give you a 10 oz. tender juicy center cut pork chop from an American made pig. Not one of those pork chops you get at the buffet places. Here at Cowboys, we cook our pork chops just like the steaks, marinated in seasoning for 24 hrs. then put on the char broiler with a little oak added to it to give it just a hint of smoke! Don't be foolish, add the grilled onions and mushrooms to it. It just ain't right! \$13.99

RIBEVE

Our most popular steak ... always hand cut!

Ribeye steaks have the most marbling, which adds to its great taste. 14-16 oz. \$18.99

Add 6 Grilled Shrimp \$5

> All steaks served with your choice of 2 sides and garlic bread.

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodbourne illness, especially if you have certain medical conditions

Seasoned Waffle Fries Crispy Steak Fries Crinkle Cut Sweet Potato Fries (add 50¢) **Southern Green Beans Mashed Red Skin Taters**

Idaho's Best Baked Potato **Sweet Potato** -with a dollop of cinnamon butter Potato Salad Mac 'n Cheese

Country Cole Slaw Bunk House BBO Beans Fried Corn on the Cob **Sweet & Spicy Collards Crunchy Yellow Onion Rings** Fresh Fried Okra Steamed Broccoli



DOMESTIC

Cowboys' Brew **Bud Light** Budweiser **Budweiser Select** Miller Lite Medelo Michelob ULTRA Yuengling

CRAFT **IMPORT**

Blue Moon Amber Bock DOMESTIC

Yuengling **Bud Light Bud Light Lime Budweiser** Michelob ULTRA Michelob Light **Shock Top** Miller Lite MGD **Coors Light**

CRAFT & IMPORT

> Heineken Corona Light Corona Extra Sam Adams

Busch Light Busch

O'Douls

Sweeeet Tea Unsweet Tea Dayinci

Make your Tea Flavored

Cowbo

Strawberry, Peach or Raspberry Add 40¢

\$2 - BOTTOMLESS!

Pepsi Diet Pepsi Cherry Pepsi Mountain Dew Dr Pepper

ashdowns

Sierra Mist **Tropicana** Lemonade **Orange Twister** PEPSI

Cowbovs Cate

Banquets - Luncheons - Weddings - Parties - Every Occasion! www.cowboysbarbqueandsteakco.com

T-SHIRTS UNIQUE SAUCES SEASONINGS GIFT CERTIFICATES All available for purchase

Aways using the best products for your meat... Lambleston THINGS







