

PERFECTLY PREPARED PORTIONS • FRESH FROZEN • SHIPPED TO YOUR DOOR • HEAT & EAT

SMART
minute
MEALS

By My SMART Healthy

Great Tasting Wholesome Meals in 1/2 The Time

SMART FUEL ATHLETIC PERFORMANCE SAMPLER PACK

5 BREAKFASTS, 5 MEALS (LUNCH OR DINNER), & 5 MINI-MEALS.

Our Promise:

Our products
do not and will

NEVER CONTAIN

**HIGH
FRUCTOSE
CORN SYRUP**

**HYDROGENATED
OILS**

MSG

**ARTIFICIAL
FILLERS**



PLAIN EGG WHITE
W/ TURKEY SAUSAGE



GARDEN VEGETABLE
EGG WHITE W/
TURKEY SAUSAGE



ALL NATURAL
CHOCOLATE & VANILLA
MEAL REPLACEMENT
SHAKE



GLUTEN FREE
ALL NATURAL
BREADED CHICKEN
BREAST TENDERLOINS



ALL NATURAL
CHARGRILLED CHICKEN BREAST FILLET



ALL NATURAL
THAI BASIL TILAPIA



ALL NATURAL
WILD CAUGHT
SOUTHWEST
STYLE COD



CARIBBEAN
BLEND VEGETABLES



CALIFORNIA BLEND
VEGETABLES



BROCCOLI FLORETS



CAULIFLOWER FLORETS



GREEN BEANS
PREMIUM



ORGANIC
BROWN RICE



ORGANIC
QUINOA



ALL NATURAL
OATMEGA 3
DARK CHOCOLATE
PEANUT CRUNCH BAR



ALL NATURAL
OATMEGA 3
MOCHA BAR



ALL NATURAL
OATMEGA 3 DARK
CHOCOLATE MINT BAR



ALL NATURAL
OATMEGA 3
BLUEBERRY POM.
CRUNCH



ALL NATURAL
GLUTEN FREE
CHOCOLATE CHIP
PROTEIN COOKIE