

traditional favorites

*served with choice of grits or skillet potatoes (not included with oatmeal or biscuits 'n' gravy)
substitute egg beaters or tofu for 1 more. ask your server about our vegan offerings.*

* classic eggs benedict

grilled english muffin, canadian bacon and two eggs cooked to your perfection then draped in hollandaise sauce. 7.5



* baja benedict

two eggs cooked to order atop southwestern corncakes, spanish chorizo, sliced avocado, chipotle hollandaise sauce, cilantro-lime crema, pico de gallo, and green onion. 9.5



good morning breakfast burrito

one flour tortilla stuffed with three eggs, sirloin steak, bell peppers, caramelized onions and cheddar-jack cheese. topped with avocado, pico de gallo and cilantro-lime sour cream. 9.5

* the classic

our famous daily breakfast served all day. featuring two large AA eggs any style, two strips of bacon or two sausage patties and your choice of a biscuit or toast. 6

whole grain oatmeal

whole grain oatmeal "done right" made to order. served with whipped butter, fresh cream, cinnamon and brown sugar. 4.5

add blueberries, bananas, apples, or candied pecans for 1 each.

* steak 'n' eggs

a 6 oz. sirloin steak seasoned with our secret ingredients and grilled to your liking with two eggs. served with your choice of fresh toasted bread. our steaks are slow grilled 10 minutes to ensure their tenderness. please be patient, they are worth the wait. 11

biscuits 'n' gravy

homemade biscuits smothered in Highland Morning's sausage gravy. half order 4 full order 5.5

* the loop's fried egg sandwich

fried egg with melted yellow cheddar cheese slice and two crisp slices of bacon with mayo on a toasted english muffin. 6.5
(sandwich only 4.5) in a hurry? try our "breakfast on the run" fried egg sandwich and a large coffee. 6.5 (to go only)

sides

* 6 oz. sirloin steak 7

bacon (4 slices) 3

sausage (2 patties) 3

skillet potatoes 2

extra large

buttermilk pancake 3

french toast 3

* eggs

two: 2.5 one: 1.5

grits 2

grits of the day 3

toast or biscuit 1

seasonal fruit cups

small 1.5 large 3

*we're also proud to carry kentucky's own
kenny's farmhouse cheeses*

Highland Morning's scrambles

comes with skillet potatoes or grits and with your choice of bread. substitute tofu for 1.

denver scramble

three eggs scrambled with ham, bell peppers, and spanish onions then topped with your choice of cheese (we suggest cheddar-jack). 8.5

the shroom scramble

three eggs with fresh portobello and baby button mushrooms scrambled in roasted garlic with white cheddar cheese and baby spinach. 8
add crisp diced bacon for 1 more

mama's ciao bella scramble

three eggs scrambled with shredded mozzarella, fresh basil and a side of sliced tomatoes. 7

omelets

served with your choice of skillet potatoes or grits and choice of toasted bread: whole grain, white, whole wheat, sourdough or an english muffin. substitute tofu for 1.



wake me up omelet

a three egg omelet stuffed with chorizo, jalapenos, bell peppers, onions and pepper-jack cheese topped with queso fundido, chipotle sour cream, pico de gallo and green onions. 9



ultimate veggie omelet

a three egg omelet filled with spinach, mushrooms, tomatoes, onions and your choice of cheese. 8

add: pico de gallo, cilantro-lime sour cream or chipotle sour cream .5

kentucky's pick three omelet

a three egg omelet filled with your favorite three ingredients. freshly diced bacon, diced ham, purnell's sausage, onions, fresh peppers, mushrooms, diced tomatoes, jalapenos, baby spinach, diced avocado and your choice of one: american, cheddar, cheddar-jack, pepper jack, swiss cheese or shredded mozzarella. 8.5

each additional ingredient: 1 each

mexican morning at highland morning

Highland Morning's nacho supreme platter

seasoned prime ground chuck with jalapeno peppers, cheddar jack cheese and queso fundido. garnished with green onions and a cilantro sour cream sauce. 10.5

Highland Morning's quesadillas

chorizo sausage with bell peppers, cheddar jack cheese, pico de gallo, guacamole and a cilantro sour cream sauce. 10.5



Highland Morning favorites



Vegetarian dishes

waffles



foster your waffle

bananas foster done highland morning's way. four mini-waffles feathered around the plate, topped with vanilla ice-cream, cinnamon and powdered sugar with a warm and delicious banana liqueur sauce. 8.5

sarah's southern pecan waffles

light, crispy belgian waffles filled with toasted georgia pecans (candied pecans available) and cooked golden brown. served with warm maple syrup and butter then sprinkled with powdered sugar. 7.5

katie's leaning tower of waffles

caution! this is a tower of light, crispy belgian waffles stacked sky high with nutella, a creamy chocolate hazelnut blend and fresh strawberries infused in each layer. topped with "whooped" cream and sprinkled with powdered sugar. 8

belgian waffles

light fluffy waffles served with whipped butter or whipped cream and maple syrup, sprinkled with powdered sugar. 6 *add blueberry compote 1*

make your own waffle creation:

with your choice of one topping: strawberries, pecans, blueberries, chocolate chips, bananas, raspberries or reese's cup crumbles. 6

additional toppings 1

oh so good pancakes

apple bourbon pancakes

buttermilk pancakes with granny smith apples caramelized in a kentucky bourbon syrup. 9

extra large buttermilk pancakes

two old-fashioned homemade fluffy buttermilk pancakes, topped with whipped butter and maple syrup. 6

make your own pancake creation:

start with buttermilk pancakes, then add your choice of toppings: strawberries, pecans, blueberries, chocolate chips, bananas, raspberries or reese's cup crumbles with whipped cream or butter. 6

additional toppings 1 each

lemon lover's dream cakes

two old-fashioned homemade lemon flavored pancakes, smothered with vanilla custard and blueberry compote. 8.5

banana berry blast

two fluffy buttermilk pancakes filled with bananas, blueberries and raspberries, topped with whipped cream and berry compote. 8.5

french toast

french toast

two slices of sourdough bread topped with maple syrup and powdered sugar, sprinkled with cinnamon. 6

add one of the following: strawberries, blueberries, pecans, chocolate chips, bananas, raspberries or reese's cup crumbles. 1 each

king of memphis toast

two slices of sourdough bread infused with peanut butter, bananas and maple syrup, sprinkled with powdered sugar. 8

soup & salad

dressings: blue cheese, balsamic, ranch, italian, thousand island and honey mustard



Highland Morning salad

chopped romaine hearts, fresh field greens, mandarin oranges, candied pecans, strawberries, dried cranberries and goat cheese tossed in a light red wine vinaigrette. 5.5 large 8

caesar

fresh-cut romaine hearts, freshly grated parmesan cheese and croutons tossed with a caesar dressing 6
add grilled chicken 2

hotel california salad

fresh greens, candied pecans, golden apples and crumbled blue cheese served with balsamic vinegar. medium 4.5 large 7

soup of the day

our best selling soup, cream of tomato basil and artichoke hearts, is available every day. ask your server about other selections today.
cup 3 bowl 4.5

burgers & sandwiches

comes with chips and a pickle spear

*one eyed jack

a whole half-pound of USDA prime black angus chuck burger with your choice of cheese, topped with a large AA grade egg fried sunny side up. 9



st james' curry

chicken salad sandwich

chunks of roasted chicken breast, diced celery, chopped red onions, golden raisins tossed in our homemade dressing. 8

tyler park's egg salad sandwich

hard boiled eggs, spicy pickles with our own special blend of herbs and spices, umm good. 7

mike's beer steamed

"double down" brats

two purnell's brats steamed in beer, then grilled to perfection, smothered in grilled onions and tri-colored peppers. served on rye bread with your choice of mustards. 7



joey's grilled cheese

three cheeses: mozzarella, baby swiss, and provolone with sliced tomatoes, avocados and baby spinach. 7



vegetarian favorite of the day

ask your server about today's selection.
add your choice of cheese for 1

pick two combo

½ sandwich with ½ soup or ½ salad for 7



*the big slate cheeseburger

a whole half-pound of USDA prime black angus chuck burger, your choice of a cheese: cheddar, provolone, swiss, cheddar jack or, pepperjack, with lettuce and tomatoes. with your choice of horseradish aioli, pesto aioli, bread & butter pickles or grilled onions, with grilled bun or fresh lettuce wrap. 9
add jalapeños .5 add bacon or grilled mushrooms 1

the bardstown roadie

sliced turkey, applewood bacon, baby swiss, thin-sliced fresh granny smith apples and tarragon mayo on multi-grain bread. 8

edenside blt

crispy applewood bacon, lettuce, fresh sliced tomatoes and pesto aioli served on toasted sourdough. 7.5

cherokee triangle club

piled high with layers of ham and turkey, bacon, lettuce and fresh sliced tomatoes with mayo on toasted sourdough. 7.5

Highland Morning blend:
the fantastic combination of dark roasted african
beans and light roasted south american beans
blends on your taste buds for a bold start,
and fruity finish. 2
free refill

**Highland Morning organic,
colombian coffee.**
shade grown. 2.5
free refill



**Highland Morning's single origin
locally roasted, french press
coffee of the week 8**
4 per press (coffee for two)

Highland Morning decaf
100% colombian. 2
free refill



kid's menu

12 and under

*we strongly suggest you add a glass of j.d.'s healthy muscle
building chocolate milk!*

kid's sandwiches served with kettle chips or small fresh fruit cup

pop's favorite grilled cheese
good ol' cheddar cheese grilled on whole grain
white, 4

granny's favorite pb & j
old school or grilled pb& j on whole grain white.
creamy peanut butter and smucker's grape jelly. 4

***all star ninja breakfast**
includes one slice of bacon or one sausage. one
egg, with your choice of: one pancake, french
toast or two mini waffles. 4

beverages

JUICES

grapefruit • tomato • cranberry • v-8 • apple 2
fresh-squeezed orange juice 3.5
pitcher of orange juice 10

HOT CHOCOLATE

rich hot chocolate sprinkled with cinnamon
nutmeg and whipped cream 3.5

HOT NOT CHOCOLATE

white hot chocolate sprinkled with cinnamon
nutmeg and whipped cream 3.5

HIGHLAND MORNING ICED TEA
sweetened or unsweetened 2

HOT TAZO TEA
served in a tea pot 2

**ASK YOUR SERVER ABOUT OUR SELECTION
OF LIQUORS, WINES AND BEERS**

HIGHLAND MORNING BLOODY MARY
garnished with jumbo olive, pepperoncini
and pepper jack cheese. 6
substitute grey goose for 2

CHAMPAGNE MIMOSA

made with fresh-squeezed orange juice. 6

FRESH FRUIT SMOOTHIES 3.5

FOUNTAIN SODA POPS

coke, diet coke, sprite, coke zero, pink lemonade
and ginger ale 2

free refills

*our family is proud to serve jd's country chocolate milk with no
added preservatives. This product might be the best tasting
chocolate milk on earth.*

MILK small 1.5 large 2.5

SOY MILK AVAILABLE





Highland Morning

breakfast done right